# WINNIPEG C T RWS WORTH SHARING.



#### Birdman soars with Golden Globes noms

Boyhood and The Imitation Game close behind PAGE 30

## CBC trimming supper-hour newscasts

Broadcaster shifting focus to mobile and digital PAGE 18

#### Zoo gets new furry friend from Calgary

Orphaned cougar can't be released into the wild PAGE 7



The list is out! Are you one of Ace Burpee's Top 100 Most Fascinating Manitobans for 2014? Find out on pages 21-28

HOTO ILLUSTRATION BY ELISHA DACEY/METR





#### Balmy dreams

## Warm weather forecasts likely too good to be true

Don't put away your parkas, Winnipeg. Several organizations on Thursday were forecasting a high of 10 C for Saturday — but it's most likely too good to be true.

Natalie Hazell, warning preparedness meteorologist with Environment Canada, called Saturday's forecast "very optimistic." With the average temperature for this time of year around -9 C, and the amount of snow the city has, it doesn't seem likely things will warm up 20 degrees.

Hazell said warm winds from Alberta are behind the lift in temperature, but other winds from the southeast aren't helping our cause. Hazell predicts it will most likely be four or five degrees Saturday.

ADRIANA MINGO/FOR METRO

#### Lottery winner

## Ex-millionaire tries to make good

A man who frittered away a million-dollar lottery win on drugs and alcohol says he has found a better life by counselling others and making meals for the homeless.

Farrell Lavallee says he was a cocaine dealer and drug addict when he scored big on a lottery draw in 2011. He says ultimately it was his addictions and other addicts that became his financial advisers and within 13 months, the money was gone. Now he spends part of his day offering hope at Winnipeg's Lighthouse Mission to those who have even less than he does. THE CANADIAN PRESS



## 'Heads should roll'

#### Winnipeg police HQ.

Bowman promises swift, decisive action if 'appalling' accusations are true



If allegations of inflated invoicing and a cash kickback to a member of city council in connection with the seemingly cursed Winnipeg police headquarters project prove true, then "heads should roll," Mayor Brian Bowman said on Thursday.

Bowman didn't mince words during a press conference at city hall Thursday

#### Quote

"I'll be looking at what can we do to deal with individuals who may have acted inappropriately. I make no bones about it, they will be dealt with swiftly and decisively in order to restore faith in city hall."

Mayor Brian Bowman

afternoon in response to a Winnipeg Free Press story on the ongoing RCMP investigation into the HQ audit and two others related to real-estate and construction deals.

"Let me be clear, there needs to be consequences," said Bowman, adding the sending of the three audits to Manitoba Justice and RCMP were "right decisions"

"And now if things are elevating to potential criminality, there's two things that can and

should happen: One, if those allegations are true, the criminal justice system will deal with the individuals involved, but secondly, I'll be looking at what can we do to deal with individuals who may have acted inappropriately. I make no bones about it, they will be dealt with swiftly and decisively in order to restore faith in city hall."

The Free Press story states Manitoba Justice received a letter in a "brown envelope" that alleged the doctoring of invoices and the payment to an unidentified council member — allegations that have not been proven.

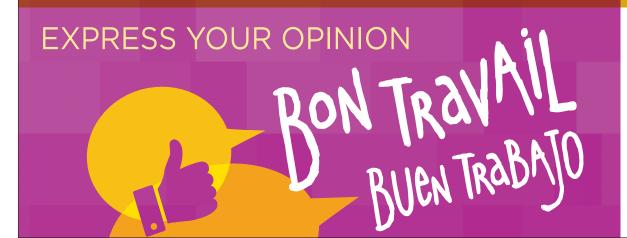
Bowman said he wasn't aware of the "appalling" allegations before the Free Press story came out late Wednesday evening.

Coun. Ross Eadie went further, saying it was time for an inquiry.

Winnipeg police Chief Devon Clunis said Thursday morning he is aware that witnesses first came forward to police before going to Manitoba lustice.

"Absolutely," he said, but didn't provide specific details due to the ongoing RCMP review. "I can tell you that information that came forward to us was acted upon."

WITH FILES FROM SHANE GIBSON



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## Crown won't lay charges in death

**Decision.** Man came to aid of woman in domestic dispute and fatally struck the deceased: Police

A man police say broke up a domestic dispute with a fatal blow outside a West End fastfood restaurant last spring will not face charges in connection to the death.

Police say Marlon Dean Laronde was involved in a confrontation with a woman outside the McDonald's at 1049 Notre Dame Ave. on May 18

when another man stepped in to break it up.

"He was concerned for the safety and the well-being of the female who was involved,' said police spokesperson Const. Jason Michalyshen. "The intent ... was to assist the female vic-

A fight then broke out between the two men and police allege a punch from the bystander dropped Laronde, 33, and left him seriously injured on the ground.

Laronde was taken to hospital where he died of his injuries five days later.

The man who allegedly threw the punch left the scene before police arrived, but investigators were able to track him down after making a plea to the public for help in identifying ĥim.

A 45-year-old man was arrested May 27 but released while the Crown weighed what charges — if any — would stick in the unique case.

On Thursday, Winnipeg police said the Crown had decided not to lay charges in the case.

"It's a difficult situation to relay to the public - someone did lose their life — but again, we have to respect and allow the judicial process to take its course," said Michalyshen. "It's a very unfortunate circumstance and very complicated."

SHANE GIBSON/METRO

## Facebook. Teacher reviewed over comments posted online

A high school teacher in Winnipeg has been placed on leave and is being investigated over social media comments that one aboriginal leader called hurtful and racist.

Kevin Hart, who filed a complaint with the school, said Thursday that a Facebook page under the name of Brad Badiuk, a technology teacher at Kelvin High School in Winnipeg, contained statements that said aboriginals are looking for free money from non-aboriginals.

The Facebook posts also said aboriginals should work for their money, said Hart, who added some comments were

directed specifically at Derek Nepinak, head of the Assembly of Manitoba Chiefs.

"The ... comments were very hurtful to my community and the grand chief of the Assembly of Manitoba Chiefs, and they were racist as well," said Hart, who works with Nepinak at the assembly.

"I was very hurt and a little angered that one of the educators of our children ... could hold these views."

The Facebook page had been deleted Thursday and attempts to reach Badiuk were not successful.

The Winnipeg School Div-

ision would not name Badiuk, but said a veteran teacher was being investigated and could face disciplinary measures if found to have crossed a line. Those consequences could be anything from an order to undergo sensitivity training to outright dismissal.

School division officials "have to authenticate the post and they have to make sure that the individual actually was the one that was responsible for posting it," said board chairman Mark Wasyliw. He said there was no estimate on how long the investigation might take. THE CANADIAN PRESS

metronews.ca WEEKEND, December 12-14, 2014 WINNIPEG

# nd aun case culminated lav with arrests in Ma

## Dozen arrested in drug, gun probe

**Project Distress.** Former Transcona council hopeful Ray Ulasy among those charged



people — including Twelve a candidate from October's civic election - have been arrested in a months-long drug and gun investigation that spanned four provinces and took kilos of drugs off the The investigation, dubbed

Project Distress, was launched in October 2013 and targeted high-level drug trafficking and organized crime activities in Manitoba, Ontario, Alberta and British Columbia.

Co-ordinated by Manitoba RCMP and Brandon and Winnipeg police in the Manitoba Integrated Organized Crime Task Force, the investigation culminated Wednesday with raids on five homes in Winnipeg, one in the Rural Municipality of Macdonald and another in British Columbia.

Police seized more than \$70,000 in cash, more than six kilos of cocaine, eight kilos of medication, pot, three handguns, 17 long-barrelled guns and ammunition during the investigation.

Investigators relied on judicially authorized wiretaps during the course of the investigation, and police said more than 80,000 private communications were intercepted.

Ten Winnipeggers are fa-

Ulasy, who ran for council in the Transcona ward in the last election.

Ulasy faces two charges of trafficking in firearms.

Police are still looking for two Winnipeg men in connection with the investigation.

Sean Fredrick Demchuk, 31, and Christopher Houston Gordon, 30, are both wanted on drug-related charges.

### Corydon-Osborne.

## Area plan 'not ... anti-development': Gerbasi

Winnipeggers can expect better neighbourhood planning following city council's adoption of the Corydon-Osborne plan — a decision that saw two veteran councillors lock horns.

Coun. John Orlikow, who chairs the city's property and development committee, said during Wednesday's meeting that "one of the common themes I've been hearing is how do we get some of these neighbourhood plans ... through our system in a more efficient way.

"That is a key issue for our committee, to try to figure out how we can get this process going forward, faster," added

The plan's adoption, however, wasn't without contro-

Coun. Russ Wyatt, who helped derail the process back in 2012, urged his fellow council members to send the plan back to committee.

"It provides a vision for this area and some parts of the vision I think are very constructive, but in other areas it is extremely restrictive," said Wyatt, adding that he asked for a council seminar on this specific plan.

"So much so that it actually affects values in the area negatively, in terms of private property ownership.... I have some grave concerns after having read this a number of times and if you haven't read this, then don't vote for it."

Coun. Jenny Gerbasi, whose ward includes the Corydon-Osborne areas, strongly defended the plan against Wyatt's claims.

"On page 71, it says that there's a total of 4,540 to 8,730 new residential units predicted. I'm sorry, this is not an anti-development plan," Ger-

"This has been in the works for many, many years. There has been a significant amount of consultation with the business community, as well as the residents and even citywide."

BERNICE PONTANILLA/METRO

# nny Gerbasi, seen in her new role as deputy Sp veting, said the newly adopted Corydon-Osborne area plan included a t amount of consultation." BERNICE PONTANILLA/METRO

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## Orphaned cougar finds home in Winnipeg

#### **Assiniboine Park Zoo.**

Cub was discovered alone in the snow in Calgary last month and dropped off at a city wildlife centre

A baby cougar orphaned in Calgary has found a new

home in Winnipeg. The Calgary Wildlife Rehabilitation Society says the cougar was dropped off at its centre last month after being found alone in the snow.

The society says cougars can't be raised in captivity and released into the wild later in life, so they had the option of releasing the female cub into the wild immediately, keeping her in captivity, or putting her down.

Officials say a home has been found at the Assiniboine Park Zoo in Winnipeg, where the cub was transferred earlier this week.

The zoo has faced some controversy over the past three months. In September, two tigers ended up fighting after a fence keeping the pair separated was accidentally left open. One of the tigers died.

In November, a seal in the zoo's new Journey to Churchill exhibit died after getting stuck in an underwater drain. The drain has been permanently shut off.

Zoo staff said they were devastated after both animal deaths.

THE CANADIAN PRESS WITH FILES FROM METRO WINNIPEG





## Wesmen Classic makes its return

Canada's longest-running university tournament, the University of Winnipeg's 48th Annual Wesmen Classic, is just around the corner.

Teams from across Canada will compete on three levels: junior varsity, high school boys and university men's, the latter drawing eight Canadian teams.

"It has some familiar foes," said Wesmen men's basketball head coach Mike Raimbault. "With teams having played each other previously, it should lead to a pretty good matchup and lots of exciting action.

During the tournaments, there will be several promotional events and various

in-game contests and prizes. Dancing Gabe will be the Wesmen Classic's special

The Adidas Junior Varsity Classic takes place from Dec. 12 to 13, with the championship being played on Dec. 27. The Metro High School Boys Classic and the Coca Cola University Men's Classic take place on Dec. 27

All games will be played in the Dr. David F. Anderson Gymnasium in the Duckworth Centre at the Univer-

sity of Winnipeg.
Event tickets and passes are available, with prices ranging from free to \$25.

ADRIANA MINGO/FOR METRO



metronews.ca
WEEKEND, December 12-14, 2014

# First Nations chief: 'We have to do something'

#### Voice for the voiceless.

Families of missing, murdered aboriginal women must be part of roundtable: AFN

Chiefs from across Canada say the voices of families mourning missing and murdered aboriginal women have been drowned out and they must be part of an upcoming national roundtable on the issue.

Chiefs gathering on the last day of an Assembly of First Nations meeting Thursday voted unanimously in favour of two resolutions aimed at including women and families in the debate.

One called for the inclusion of relatives of missing and murdered aboriginal women while the other wants the federal government to formally announce its participation in the roundtable and provide resources for native women's councils to take part.

#### Quoted

"Every other day, there is a case being reported ... about a missing person in this country.... We need to act on it quickly rather than having a government remaining indifferent on the issue."

Ghislain Picard, interim leader of the Assembly of First Nations

Chief Cathy Merrick of Manitoba's Cross Lake First Nation burst into tears when her resolution on families of missing and murdered aboriginal women was passed Thursday.

There are no resources to support mourning families or help them participate in the roundtable expected in February, she said.

"Families should be given that support. When they go out looking for their loved ones, they have no support," she said

"It's 2014. We should be able to support them. We have to do something."

Although the issue of missing and murdered aboriginal women had been a key focus of the three-day assembly meeting, no one moved a formal resolution demanding the federal government call a national inquiry.

Instead, the focus was

Instead, the focus was aimed at empowering and including those on the front lines of the issue.

Ghislain Picard, the assembly's interim leader who lost his bid to become national chief Wednesday, raised the possibility of First Nations holding their own inquiry given Ottawa's steadfast refusal to call one.

"Every other day, there is a case being reported ... about a missing person in this country," Picard told the chiefs. "We need to act on it

"We need to act on it quickly rather than having a government remaining indifferent on the issue."

THE CANADIAN PRESS



#### WPS Endowment Fund's biggest donation ever

Winnipeg police Chief Devon Clunis accepts a \$25,000 donation to the WPS Endowment Fund from Foodfare owners Moe Zeid, right, and Munther Zeid on Thursday. The Zeid family has also committed to donating \$10,000 annually to the fund. Established in January 2013, the fund is used to assist at-risk and underserved children, youths and their families. SHANE GIBSON/METRO



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## **Publication ban** case adjourned

**Dartmouth.** Man charged with releasing the name of a sexual assault victim granted time to review penalties

The lawyer for a man charged with violating a publication ban in a sexual assault trial in Halifax has been granted time to hear what penalties the Crown is considering.

Judge Patrick Curran granted the adjournment Thursday in Dartmouth provincial court, requiring David Winslow Sparks to return on Jan.

Sparks, 62, was charged in September after police alleged he posted on social media the name of the victim in the sexual assault case. The identity

of the victim is protected by a publication ban.

In July defence lawyer Lyle Howe was sentenced to three years in prison after being found guilty by a jury of sexually assaulting a 19-yearold woman in March 2011. Howe's lawyer has filed an appeal in that case.

Sparks is represented by Howe's wife, Laura McCarthy, who is also a defence lawyer.

McCarthy said outside court she's unclear what potential penalty the Crown is seeking and needs that information before advising her client on a plea.

"We adjourned ... to allow time to speak with the Crown and see what kind of resolution can be reached," she said.

You don't want somebody making an uninformed decision." THE CANADIAN PRESS



#### **Province scraps WWII-era** law used at Toronto's G20

G20 summit protesters clash with riot police in downtown Toronto on Saturday, June 26, 2010. A Second World War law used by police to make mass arrests during the G20 summit was officially scrapped Thursday and replaced with new legislation. The Public Works Protection Act was secretly revived by the Liberal government prior to the G20, and then used by police to "kettle" or detain large groups in the streets, and to arrest 1,100 people during the summit. Ombudsman Andre Marin concluded it was opportunistic and inappropriate to use a "war measure" to give police extra authority, and said police compounded matters by misrepresenting the reach of their new powers during the G20. The law designed to protect electrical generating facilities from Nazi saboteurs in the 1940s was replaced by a new bill that enhances security at courthouses, electrical generating stations and nuclear power plants, parren calabrese/the canadian press

#### Indonesia

#### **Prosecutor opposes** bid to dismiss case against Canadian teacher

The prosecution in the case of a Canadian teacher facing allegations he sexually abused a kindergarten student at an international school in Indonesia has been in court to oppose a call by the defence for the case to

be dismissed.

The brother of teacher Neil Bantleman of Burlington, Ont., says the prosecutor presented briefs Thursday in opposition to what is known as an application for exception.

Reports say an application for exception seeks a ruling from the court that a case should be thrown

Guy Bantleman said in an email to The Canadian Press that the court is to

make a decision Tuesday on the matter.

He also said the British ambassador came to the courthouse to meet his brother to assure him he has the "support of the British Embassy in Jakarta and that they are monitoring the case closely.

Neil Bantleman and teaching assistant Ferdinant Tjiong, who have been in custody since July, are being tried separately in closed-door sessions. Both

have maintained their innocence as do fellow teachers and the principal at the Jakarta International

Supporters of Bantleman and Tjiong say the student, who was six at the time the alleged abuse occurred, was subject to suggestive questioning by inexperienced

The abuse was alleged to have happened at a room in the school during teaching hours. The canadian press

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#### New policy

#### **Doctors against** abortion must refer patients: Watchdog

Doctors who morally oppose providing abortion services or prescribing birth control will be required to refer patients to other physicians, according to a draft policy paper just released by the College of Physicians and Surgeons of Ontario.

The document reflects a struggle to balance the fundamental rights of patients with respect for doctors' personal values and beliefs.

"We feel this is an excellent balance of human rights and constitutional rights," Dr. Marc Gabel, chair of the College's policy working group, said Wednesday in an interview.

The draft policy also states that a doctor is expected to ensure emergency care, even when that conflicts with the physician's beliefs. Gabel added that a doctor who balked at following the code would face professional misconduct sanctions. TORSTAR NEWS SERVICE

## **SCOC** imposes rules on cellphone searches

#### Privacy at issue.

SCOC rules police have some rights to search cellphones without warrants, but must follow rules

A divided Supreme Court of Canada ruled Thursday that police can conduct a limited search of suspect's cellphone without getting a search warrant, regardless of password protection - but they must follow strict rules.

The precedent-setting ruling, reached by a narrow 4-3 margin, found that the search must be directly related to the circumstances of a person's arrest and that investigators must keep detailed records of the search.

In a dissenting opinion, the three opposing justices said the police should be required to obtain a search warrant in all cases, except rare instances

where there is a danger to the public, police or the evidence.

It is the first Supreme Court ruling on cellphone privacy, a 21st-century issue that has already spawned a series of divergent lower court decisions.

The high court dismissed the appeal of the 2009 armed robbery conviction of Kevin Fearon, who argued that police violated his charter rights when they searched his cellphone without a warrant after he'd robbed a Toronto jewelry kiosk.

The court agreed that the police had in fact breached Fearon's rights, but said the eviphone should not be excluded.

The police simply did something that they believed on reasonable grounds to be lawful and were proven wrong, after the fact, by developments in the jurisprudence," Justice Thomas Cromwell wrote for the majority.

Cromwell said the court was trying to strike a balance between the demands of effective law enforcement and the public's right to be free of unreasonable searches and seizures under Section 8 of the Charter of Rights and Freedoms.

THE CANADIAN PRESS

#### More SCOC news

#### Khadr decision stuns lawyers

A decision by the Supreme Court of Canada to hear the federal government's challenge of Omar Khadr's youth status stunned his lawyers on Thursday. Khadr had already agreed to remain in a federal prison even though Alberta's top court ruled he should be moved to a provincial facility.

"I'm stunned," Nate Whitling, one of Khadr's lawyers, said after the top court's decision. THE CANADIAN PRESS



#### **Magnotta trial resumes Monday**

Diran Lin, father of Jun Lin, arrives to hear the closing arguments at the murder trial for Luka Rocco Magnotta on Thursday in Montreal. The Crown has completed its final arguments at the trial and is asking the jury to find Magnotta guilty of first-degree murder in the slaying and dismemberment of Jun Lin. The jurors have been sent home until Monday, when the judge will give them their instructions before they are sequestered. RYAN REMIORZ/THE CANADIAN PRESS





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metr⊕ **WORLD** metronews.ca WEEKEND, December 12-14, 2014

## CIA chief recounts horrors of Sept. 11 in defence of tactics

#### Senate torture report.

Investigation concluded CIA's interrogation practices did not lead to a safer America

CIA director John Brennan defended his agency Thursday from accusations in a Senate report that it used inhumane interrogation techniques against terrorist suspects with no security benefits to the U.S. But he stopped short of claiming that the tough methods saved thousands of American lives.

Brennan conceded that it is impossible to know whether the detainees provided crucial information because of "enhanced interrogation techniques." He said the causeand-effect relationship is "un-known and unknowable." He conceded unauthorized and in some cases abhorrent methods were used against captives, but asserted the CIA "did a lot of things right" in a time when there were "no easy answers."

Brennan opened a rare news conference by recounting

the horrors of the Sept. 11, 2001, terrorist attacks, his agency's determination to prevent another such assault and the fact that CIA officers were the first to fight and early to die in the Afghanistan war.

His remarks were part of a campaign by the CIA and several of its past leaders to discredit a five-year Senate investigation into the CIA's harrowing interrogation practices after 9/11, concerned that the historical record may define them as torturers instead of patriots and expose them to legal action around the world.

The Senate intelligence committee's report doesn't urge prosecution for wrongdoing, and the Justice Department has no interest in reopening a criminal probe. But the threat to former interrogators and their superiors was underlined as a UN special investigator demanded those responsible for "systematic crimes" be brought to justice, and human rights groups pushed for the arrest of key CIA and Bush administration figures if they travel overseas.

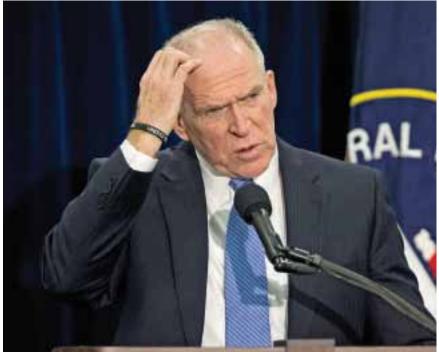
THE ASSOCIATED PRESS

Transfers in progress

## Closing Guantanamo

Fed up with the stalled progress toward closing the Guantanamo Bay detention centre, U.S. President Barack Obama summoned top administration officials to the White House for an unusual meeting last month to make it clear he wanted action.

The president addressed the team at length, emphasizing why he wants to shut down the detention facility for terrorism suspects, according to administration officials familiar with the meeting, which wasn't on Obama's public schedule. The presidential lecture was the culmination of months of White House frustrations with his own administration's inaction. Since then, a dozen prisoners have been transferred overseas.



CIA director John Brennan gestures during a news conference at CIA headquarters in Langley, Va., Thursday. Brennar defended his agency from accusations in a Senate report that it used inhumane interrogation techniques against terrorist suspects with no security benefits to the nation. PABLO MARTINEZ MONSIVAIS/THE ASSOCIATED PRESS

## Twin explosions kill about 20 in central Nigerian city

Twin explosions rocked downtown Jos in central Nigeria and killed about 20 people on Thursday, witnesses said.

The blasts occurred as store owners were shutting their shops and Muslims were preparing for evening prayers.

Witnesses said one blast went off at an outdoor food stand and the other at the nearby entrance to Terminus market in the centre of the city. They spoke on condition of anonymity for fear of reprisals.

Soldiers and police were ferrying the wounded to hos-

In May, twin car bombs in Jos' Terminus marketplace killed at least 130 people.

Those attacks were blamed on Islamic extremists from the Boko Haram group and were seen as an attempt to ignite fighting between Muslims and Christians. Jos is in Nigeria's Middle Belt, where the mainly Muslim north and predominantly Christian south meet

and violence between the two groups occurs often.

There was no immediate claim of responsibility for Thursday's attack but it bore all the signs of Boko Haram.

In northern Kano, Nigeria's second-largest city, police commissioner Aderenle Shinaba told reporters they safely

detonated a bomb hidden in a handbag. The bag had been planted Thursday in a supermarket favoured by foreigners.

Separately, police in Kano arrested a teenage girl wearing a jacket primed with explosives, according to an officer who spoke on condition of anonymity because he is not authorized to give information to reporters.

Several bombs in recent months have been detonated by female suicide bombers, raising fears that Boko Haram is using some of the hundreds of kidnapped girls and young women for its attacks.

THE ASSOCIATED PRESS

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metr⊕ **WORLD** metronews.ca WEEKEND, December 12-14, 2014

## Hong Kong police destroy protest camp

**209 arrested.** Activists taken away by police swear fight for fair elections isn't over

Hong Kong authorities demolished a protest camp Thursday at the heart of the city's 2-1/2-month pro-democracy movement but scores of activists taken away by police vowed their fight for genuine elections wasn't over.

Hundreds of police offi-cers armed with chain saws and bolt cutters methodically dismantled barricades, tore down canopies and removed banners in a daylong operation to shut the protest site sprawled across a normally

"People will come back again, they will come back with stronger force."

Alex Chow, secretary general of the Hong Kong Federation of Students, who was arrested

busy highway next to the specially administered Chinese city's business district.

Police said 209 people were arrested for unlawful assembly and obstructing police officers.

The operation was peaceful and unmarked by the violent clashes seen in previous confrontations between protesters and police.

Traffic started flowing on the road by mid-evening. THE ASSOCIATED PRESS

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#### Poland

#### Russian activity up in Baltic: Minister

Poland's defence minister on Thursday complained of "unprecedented" activity by Russia's navy and air force in the Baltic Sea region in recent days. Tomasz Siemoniak

said the majority of the incidents involved Russian operations in international waters, and that Sweden was the country most affected. THE ASSOCIATED PRESS

Goal won't be met

#### **Controlling Ebola** outbreak in Africa will take months

The UN Ebola chief said Thursday it will take several more months before the outbreak in West Africa is under control, an assessment that makes clear the UN's goal of isolating 100 per cent of Ebola cases by Jan. 1 won't be met.

Dr. David Nabarro said greater efforts are needed. THE ASSOCIATED PRESS



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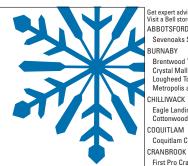
Aidan Perez, left, 12, and Christopher Dow, 11, use a shopping cart in the flooded parking lot of a shopping centre Thursday in Healdsburg, Calif. A powerful storm churned through Northern California Thursday, knocking out power to tens of thousands and delaying commuters while soaking the region with much-needed rain. ERIC RISBERG/THE ASSOCIATED PRESS

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metr⊕ **WORLD** metronews.ca WEEKEND, December 12-14, 2014

## **Christmas Truce remembered**

**Soccer.** Moment of levity amidst WWI memorialized by monument in Belgium

A century ago on Christmas Day, German and British enemies left their First World War trenches and headed into no man's land in a few scattered locations on the Western

Front for an unofficial truce among soldiers. Some eyewitness accounts say they were highlighted by a few football kick-abouts.

"A huge crowd was between the trenches. Someone produced a little rubber ball so of course a football match started," Lt. Charles Brockbank of Britain's Cheshire Regiment wrote in his diary,

The proponents of the sport have cherished that day as historic proof that there is little that can better bridge man's differences than foot-

It is that unique mood of brotherhood that Michel Platini, the president of the Union of European Football Associations, plans to underscore on Thursday. He plans to unveil a Christmas Truce monument on the former battlegrounds known as Flanders Fields in western Belgium, scene of some of the most vile killing.

"Together, they performed simple acts of reconciliation, culminating in the discovery of a shared language: Football," Platini wrote to European Union leaders early this year.

For those involved, it was most of all a yearning for a sense of normalcy, however momentarily, that pushed them over the edge of their trenches, unarmed.

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THE ASSOCIATED PRESS



UEFA president Michel Platini, right, and the mayor of Ploegsteert, Gilb Deleu, after unveiling a First World War Christmas Truce monument in Ploegsteert, Belgium, on Thursday. virginia mayo/the associated press

#### Air Serbia. Airline to fly between Belgrade, Zagreb

with ATR72 turboprop air-

During summer, Air Serbia flies to the Croatian Adriatic resorts of Dubrovnik and Split. Croatian Airlines says it has no plans to fly to Bel-

Political tensions remain high between Serbia and Croatia, although their economic and other ties are on the



Push for two states

#### France recognizes Palestinian state

France's Senate has narrowly approved a resolution asking the government to recognize a Palestinian state, in hopes that could be a tool in negotiations for lasting Mideast peace.

Legislators and officials around Europe are increasingly pushing for two states, disappointed with stalemate in Israeli-Palestinian peace efforts.

THE ASSOCIATED PRESS

Palestinian state

#### Israel angered by Irish decision

Israel has slammed the decision of the Irish parliament to adopt a non-binding resolution supporting an independent Palestinian state. Foreign Ministry spokesman Emmanuel Nahshon expressed disappointment Thursday at the decision, accusing the Irish parliament of giving voice to "statements of hatred and anti-Semitism."

THE ASSOCIATED PRESS



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#### You Air Serbia says it will resume will offer two daily flights flights between Belgrade and Zagreb on Friday after a 23craft. could year break. Flights between the Serbian and Croatian capitals were discontinued in 1991 because of the war between the two former Yugoslav regrade. publics. The Serbian national carrier, partly owned and operated by United Arab Emirates' Etihad Airways, says it rise. The associated press **Enter for a**

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metr⊕ **BUSINESS** metronews.ca WEEKEND, December 12-14, 2014



#### **Invention.** Device could end in-flight elbow wars

A B.C. man has invented a device that he claims could finally bring an end to in-flight elbow wars.

Called Soarigami, the plastic divider attaches to an existing armrest and doubles the usable space, preventing the possibility of awkward elbow rubbing with strangers.

"We're trying to make flying less stressful and just kind of lighten the mood a little bit," company co-founder Arthur Chang told Metro.

When it launches, Soarigami — which takes its name from Japanese words sora (sky) and gami (grace) — will take on the form of a simple, paper airplane-inspired origami design.

Chang, who grew up in Vancouver but now calls Dallas home, said he came up with the idea while trapped in an air-travel nightmare: He was stuck in the middle seat.

Buzz is already building on social media about Soarigami.

Since launching the website and an animated video, complete with a catchy song, the "Annoying Passenger Anthem," Chang said the company's preorder list has taken off.

Initial public criticism has already inspired Soarigami's makers to alter its design slightly, turning it around so the wider part of the plane is at the front of the armrest to prevent it from potentially digging into a user's side.

Available for pre-order online, Soarigami will go on sale for about \$30 and is expected to launch in early 2015.

## **CBC** to trim local TV newscasts

#### Five-year strategy.

Changes are part of plan to shift priorities from TV and radio to mobile and digital

CBC will shorten all local supper-hour newscasts to 30 or 60 minutes and will broadcast Radio One morning shows on TV beginning next fall.

The changes are part of a five-year strategy to shift priorities from radio and television to mobile and digital announced by the public broadcaster in June.

Currently, most supperhour newscasts at the CBC are 90 minutes.

Shows in Vancouver, Winnipeg, Toronto, Ottawa, Halifax, Charlottetown, St. John's and the North will be trimmed to 60 minutes. Programs in Calgary, Edmonton, Regina, Wind-

- CEO Hubert Lacroix announced in June that the broadcaster was planning to cut down local newscasts as part of a plan to increase digital offerings by 2020.
- He did not provide details at that time. But he did say that between 1,000 and 1,500 jobs would be trimmed over the next five years.

sor, Montreal and Fredericton will be chopped to 30 minutes.

CBC will broadcast local Radio One morning shows on TV between 6 and 7 a.m. in all existing markets except the

To offset the reduced newscasts, CBC said it would introduce regular local television newsbreaks during the day and prime time.

It also said it would maintain, and in some cases grow, its spending in local investigative journalism.

Also beginning next fall, CBC will introduce new services specifically for mobile users. The broadcaster did not

specify how jobs would be impacted by the changes.

'CBC/Radio-Canada's new local strategy is about changing how we serve the audience. We are moving to become a comprehensive four-platform local news service — across the day and on demand," Heather Conway, executive vice-president of English Services, said in a statement.

CBC Radio-Canada has already begun rolling out new regional websites across the country with geo-located French-language content. These websites, along with other new digital content, will be available Canada-wide by fall. THE CANADIAN PRESS

#### **Bureau probes Apple contracts**

Anti-competition

The Competition Bureau is investigating allegations that Apple uses anticompetitive clauses in its contracts with Canadian wireless carriers.

The contracts relate to the supply of iPhones.

The bureau says it has not yet concluded whether tȟere has been any wrongdoing on Apple's part. THE CANADIAN PRESS

#### **Market Minute**









Natural gas: \$3.66 US (+\$0.02) Dow Jones: 17.596.34 (+63.19)

## **Redbox bets on DVD rental market**





Unlike other companies that have abandoned the physical media market, Outerwall is betting there's at least a few years left to make money renting out DVDs and Blu-rays.

The U.S.-based vending machine company, which operates the Redbox video rental kiosks and Coinstar money exchange machines, is trying to get Canadians reacquainted with the old routine of popping out to rent a movie.

And the company is offering Canadians some freebies to give the rental machines a try. Lots of them.

New customers get a free one-day rental, all customers can take home a free movie on Thursdays - every Thursday — and after Christmas consumers will be offered yet another free offer, says Redbox president Mark Horak, who admits growth in Canada has not met expectations.

The company operates nearly 1,400 movie-rental machines across Canada and more than 42,000 in the United States. Redbox had hoped to have twice as many machines in place in Canada by the end of 2013, but Horak concedes the company is still trying to build brand awareness here.

"Redbox is the dominant physical rental location now; we're just not in Canada to the extent we could be," says Horak. "There's a lot more emphasis right now on promotions than on new installations but we're still doing both." the canadian press







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## IN DEFENCE OF CALGARY'S WORST DRIVER



Water coolers were abuzz this week with talk of the latest YouTube sensation: Calgary's Worst Driver.

The four-minute video, caught on surveillance camera and seen by millions of people, depicts a woman in a silver BMW SUV trying to manoeuvre out of a parking spot. Her skills are so poor, the Beemer looks less like a vehicle and more like a confused bull charging backward at an invisible conquistador, in slow motion. She even hits a car behind her.

As I watched this driving instructor's nightmare, I was hit with several emotions: frustration, incredulity and, I'll be honest, judgment.

But, as I snickered, the video started to feel quite familiar - not because I'd seen it before, but because I had

been that driver.

Don't get me wrong: I'm not as bad as Calgary's W.D., but, as someone who got behind the wheel only in her 30s, I'm also no Jacques Villeneuve. I once rented a car in Los Angeles and attempted to exit the parking lot the wrong way. I got stuck, and the Enterprise representative had to take over and get it out for me.

I think we were both glad I'd opted for the insurance.

Another time, at a Loblaws parking lot, I was trying to get into a tight spot and was dangerously close to the car beside me. As I struggled, I looked out the window and made eye contact with a man who was shaking his head "no" at me. It wasn't a sympathetic shake, it was more of a "you are a pathetic human being" gesture. I got red in the face and decided it was best I go home and not buy groceries that day.

It's easy to think other people are

idiots, because they're not us. It's like those times in public bathrooms when I'll hear someone in a stall having a bad bowel day. I'll think, "Gross. What a loser.'

And then I'll remember that I, too, have eaten tainted sushi outside of the house. (As a side note, in these cases, I always feel compelled to look under the stall at her shoes — as if the fact that she's wearing Uggs will shed some light on why this is happening

Calgary's Worst Driver also had the worst luck getting caught on camera, so I hesitate to laugh too hard. Public humiliation could happen to

It's winter now. Imagine tomorrow you wipe out on the ice, only to have yourself broadcast on the CBC News as Toronto's Worst Walker. You'd have a whole YouTube comment section dedicated to your inability to

saunter. We live in a world where cameras are everywhere — and there are so many things I'm glad an iPhone hasn't caught me doing: from licking the inside of a pizza box to scratching the inside of my nose. With less luck, I would have already been crowned Canada's Most Disgusting Person.

All of this said, I'm not letting the lady behind the wheel of the silver BMW entirely off the hook; she's deserving of some of our collective scorn, not because she is a terrible driver, but because she hit a car and then (slowly) fled the scene. It's one thing to be a bozo on your own time, but as soon as you drag someone else into your incompetence, you should do the right thing and leave a note on your victim's windshield.

Being bad at something doesn't make you worthy of ridicule and judgment, but making someone else pay



## Happy face/Sad face

From serpentine revenge to serpentine non-events, Metro weighs in on the news that made headlines this week



#### **SNAKES IN A CAFÉ**

Ever been so mad at the absence of diced onions on your Tim's sandwich that you threw a snake at the cashier? Well one guy in Saskatoon (allegedly) has, and now he's facing charges. Police claim the suspect grabbed a garter snake from his friend's pocket and lobbed it behind the counter because his breakfast wasn't made to his liking. Talk about a hissy fit. (See what we did there?)



METRO PHOTO ILLUSTRATION





MALALA YOUSAFZAI

On Wednesday this amazing Pakistani teen became the youngest person to receive the Nobel Peace Prize. Yousafzai brought her two best friends - who were also injured when she was shot by the Taliban to Oslo with her to share in the incredible moment.



#### **GOING NUTS OVER NUTS**

How's this for air rage? An Air Korea flight was delayed when the airline chairman's daughter ordered a crew member off the plane for serving nuts in a bag rather than on a plate. Cho Hyun-ah — who is also an executive for the airline may be charged for breaching aviation safety regulations by interrupting a flight.







**EBOLA FIGHTERS** 

For their "tireless acts of courage and mercy," Time magazine has named frontline workers in the fight against Ebola as its Person of the Year. More than 600 healthcare workers have contracted the disease, and nearly 350 have died, according to the World Health Organization.

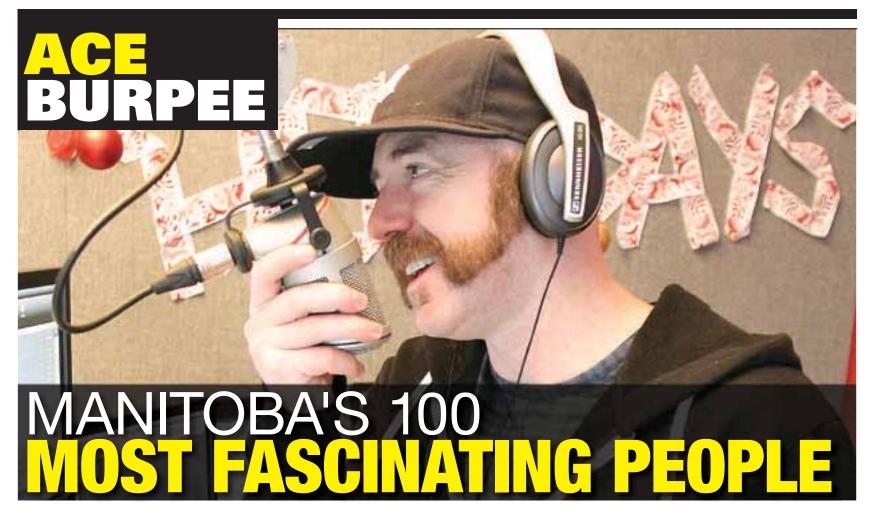


#### **NOT EATEN ALIVE**

In other snake news ... naturalist Paul Rosolie disappointed four million Discovery Channel viewers when his much-hyped two-hour show Eaten Alive — in which he was to wear a special suit and get eaten by an anaconda - fell short of its graphic promise. Rosolie was not eaten, but did suffer an arm injury from being constricted. In the words of Stephen Colbert: "You promised us Paul Rosolie would be eaten alive ... but you only gave us 'Cuddled Alive.'







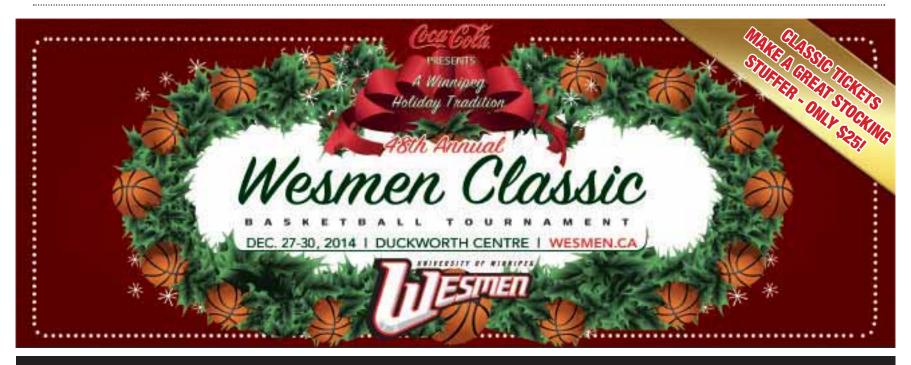
All year long I make notes in my phone or write myself a reminder on a piece of paper that end up being transferred from pocket to pocket for months on end. Then, eventually, I sit down to write my list of 100 Fascinating Manitobans and I inevitably end up with too many.

It's a great dilemma, I suppose, but man do I ever feel a sense of unfinished business as opposed to closure or relief when I finally hit

send. There are so many deserving people doing great, interesting, clever things. I only know about a fraction of them.

Enjoy the list of 100 Most Fascinating Manitobans of 2014. Just FYI, I've never repeated any names on the list, so if there are some glaring omissions, chances are very good they've been on the list in previous years. All the best.

- Ace Burpee



#### ACE BURPEE

#### 100) Christina Munchinsky



For a brief moment in 2014, the Internet was owned not by something scandalous, but by something pure and

awesome. Christina, from Brandon, appeared on The Ellen Show... spinning 70 hula hoops on her body at the same time. She was declared the winner of the Ellen - Here's My Talent Contest and was adorable.

#### 99) Josh McFaddin



The owner of Haven Design is living the dream. I don't know about you, but I find few things as satisfying as working with wood. That's what Josh does, but on a totally different level.

Some of the most creative, clever and classically beautiful wood accessories and furniture for a kitchen, home or cottage are being made in Winnipeg. Everything they do is perfection.

#### 98) Sarah Cameron



Founder of Sarah Cameron Jewelry, which I know is good because Chrissy Troy wears it, and also founder of Toque Agency, doing branding, communications and design.

#### 97) Chris Watchorn



The mind and brilliance behind Oak and Oar clothing. They make some of the coolest stuff out there, and people are starting to notice. I'm wearing an O&O hoodie as I type

this. He's also generous, giving back to numerous causes, along with doing a killer job promoting other designers and artists.

#### 96) Jocelyne Larocque



The lone Manitoban on the gold medal-winning women's hockey team in Sochi. Remember that gold medal game? So will we all, so will she, and so will her hometown of Ste. Anne, forever.

#### 95) Robert-Falcon Ouellette



He didn't win his 2014 mayoral bid, but he gained a massive following almost out of nowhere. He turned more than a few heads, and made people think.

#### 94 & 93) Chris Shaw & Ben Onyshko



Chris is a catcher. Ben is a pitcher. Though they don't play ball together, they are both from Winnipeg and were both taken in the Major League Baseball draft this past summer.

#### 92) Blue Jay Bridge



"Mr. Bridge" to his students at Henry G. Izatt Middle School, Blue Jay takes physical education seriously and is constantly introducing new and FUN ways of keeping students moving

and engaged. I remember a while back he was actually named one of the world's Top 3 educators on Twitter, which he earned through

#### 10-Year-Old Aims to Build, Brick by Brick





Avery Skog proves you're never too young to make a difference.

Last year after We Day, the now 10-year-old Avery and his father,
Darren, talked about how not all children are able to go to school.

Avery did some research on how he could help and made a YouTube
video with his father, which was shared through social media.

The grade 5 student at Morris School chose a community in Kenya that was in need of a new school and supplies through Free the Children, which aims to get youth socially engaged and raise money for developing countries. He set a goal to raise \$10,000 by his birthday on May 27. He has since raised \$13,450.

To raise the funds, Avery held a bake sale, a garage sale, sold 50/50 tickets at hockey games, did speaking engagements and a held a loose change drive. He even donated his birthday and Christmas money and sold his bike for the cause.

However, his biggest project was Brick By Brick, where he sold "bricks" to help build the school. He kept track of every brick he sold through a giant display of paper bricks on a wall in his house.

Avery's father said people from across Canada have donated to his son's project.

"I'm extremely proud," said Darren. "His compassion for other people inspires me."

Because of his efforts, Skog received two awards: The Governor General's Caring Canadian award and the Manitoba Teacher Society's Young Humanitarian award. He was also flown to Toronto to take part in Free the Children's We Create Change Tour finale.

Avery is currently selling Christmas bricks for \$20 each as presents. On Dec. 25, he will email the gift recipient a photo of their brick on his wall and explain where the money is going to.

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#### MANITOBA'S MOST FASCINATING 100 PEOPLE

#### ACE BURPEE

#### 91) Civic Election Debate



All those people that argued and debated with each other on Twitter during this past civic election: I'm serious. It was fascinating to read and

at least showed some people were engaged and passionate. I don't know all your names but if you think it's you then you're on the list.

#### 90) Jae-Sung Chon



If I had any sort of talent or cool I'd like to be like Jae-Sung. Dude is an Architecture prof at U of M, owner of Make Coffee and STUFF group: helping, showcasing, and exhibiting

emerging artists, designers and makers.

#### 89) Taylor Demetrioff



Taylor has taken his experience as a teen struggling with mental health issues and turned it into a positive by offering hope to teens in a similar

place. Four years ago he approached the Mood Disorders Association of Manitoba to pitch an idea of a summer music camp where children aged 12 - 17 could learn to play music and participate in group sessions dealing with all aspects of mental health affecting teens in the Winnipeg area. He's extended the program to other parts of the province.

#### 88) Callie Costello



The 10 year-old founder of Callie's Backpacks, she collects needed items for Winnipeg's homeless and hands them out in backpacks. She's literally collected and handed out hundreds

and hundreds.

#### 87) Garth Pischke



Early this season, his 33rd as head coach of the University of Manitoba Bisons Men's Volleyball Team, Garth won his 1,240th game. He now stands alone as

the winning-est coach in North American volleyball history. Even more impressive: Garth Pischke-coached teams have won almost 80 per cent of their games.

#### 86) Ho Lau



In an unthinkable tragedy early this year, Ho lost his 3 year-old daughter Evelyn in a car accident. In the days that followed he chronicled what would be his little girl's "final gift to the world",

writing on caringbridge.org: "We don't want to have families go through our situation we are facing. This is what Evelyn would've wanted. She is the most loving and caring person I know. Her final gift to the world is her healthy organs. She will donate as many organs as she can to help as many families as she can." A gracious act during an awful time.

#### 85) Pam Jansen



The leading force behind several initiatives dealing with gender inequality in this city, including local and highly-successful fundraisers and awareness events

for "Because I am a Girl" and "International Day of the Girl". Pam consistently motivates and inspires change in young women.

#### 84) Leonard Sumner



I'm far from the only one to take notice of Leonard this year. He received the RBC On The Rise award this year at the Winnipeg Arts Council Awards and was

named Best New Artist at the Aboriginal Peoples Choice Music Awards. I listened to his album "Rez Poetry" non-stop in my vehicle from the moment I opened it. One of my favourite albums of the past few years.

#### 83 - 82) Brian Walker & Alice Sherwin



The male and female winners of this year's Manitoba Marathon. Brian, it should be pointed out, won the race by three minutes on a sore Achilles. Meanwhile for Alice, won in what was only her second full marathon ever.

#### 81) Victoria Sawchuk



You've all heard the slogan encouraging you to be a blood donor: "Blood, It's In You to Give". Victoria has taken this to heart, and over the years has consistently been

a blood donor. She has now donated blood more than 300 times. Saving lives of people she may never meet. Selfless.

#### 80) Chantel Marostica



She's funny, she's original, and she hustles. It's not easy to make a name for yourself in comedy, but Chantel has cut through and deserves to be funny for a living.



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2010 Full-time Project Management, UWinnipeg PACE

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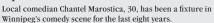
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#### ACE BURPEE

MANITOBA'S MOST FASCINATING 100 PEOPLE

#### Comedian's High Energy Keeps Winnipeg





The high-energy performer, who is open about her life experiences, uses her past experiences to entertain, including being a lesbian and having a mood disorder.

"Comedy's pretty cathartic for her," said friend and fellow local comedian, Jared Story, "She's got a huge presence on stage. Some people just stand at the mic, but she's all over the stage. She's able to do crazy things with her face. She's really animated and involves the crowd. She's not boring."

Story also said she's great to work with.

"She's doing really well—better than a lot of us. She puts other local comics on her shows and she really cares about the Winnipeg scene, though she recently moved to Toronto," he said.

Her Toronto move comes with the hope of advancing her already burgeoning and accomplished career, added Story.

Marostica won Rumour's Comedy Club's Winnipeg's Funniest Person with a Day Job in 2013. She's performed in various comedy festivals including the Just for Laughs Festival and The Winnipeg Comedy Festival

She opened for several well-known comedians, like Tom Green, Charlie Murphy, and Russell Peters at the MTS Centre in September, which was a prize for being the Manitoba Finalist on Sirius XM's Canada's Next Ton Comic

According to her Facebook page, Marostica has several shows lined up throughout the month of December in the Greater Toronto Area.

Adriana Mingo, For Metro Winnipeg

#### 79) Monica Giesbrecht



The architect of the Miracle Garden at Victoria General Hospital, one of the most beautifully designed places in Winnipeg. Providing patients, family, and staff alike with an environment designed to feed the spirit and nurture

emotional health, the Miracle Garden was also honoured with an award for physical access by Winnipeg's Access Advisory Committee.

#### 78) Kish Modha



Born and raised in Uganda, and is a Ugandan citizen of Indian descent. At the age of 21, while working as a wildlife conservationist, he was exiled from the country. Fast forward to life in Winnipeg, Kish

has acted as President of the Mondetta Charity Foundation that has supported orphanages in Kenya, and a school in Uganda that has served three million meals since 2005.

#### 77 & 76) Michael Dumontier and Neil Farber



Finalists for this year's Sobey Art Award - Canada's highest award for young artists, Michael and Neil are killing it. Their stuff is wicked cool.

#### 75) Rowan Horrick



You're sitting in traffic, maybe going through a million different things on your to-do list in your head. Then you saw something awesome. That something you saw in traffic was Rowan Horrick, cruising the

streets of Winnipeg on his retro motorcycle, best friend "Doog" the dog sitting proudly beside him in the sidecar. Rowan died earlier this year, but he was a legend.

#### 74) J.D. Renaud



Local comedian, writer, and visual artist, he creates THE most amazing original pieces of art from what were formerly movie posters. He's on to something. Like on to something where this could be a living. I also

recently saw a new original piece he made from a Robert Falcon Ouellette campaign sign and it was brilliant. Google his stuff.

#### 73) Darcy Oake



Guy from Winnipeg wins over entire world while almost winning Britain's Got Talent with some of the most ridiculous illusions we've ever seen. More importantly, a great guy.

#### 72 - 69) Braedon Jane, Riley Jane, Ian Wilmer & Kyle Fox



Together, they are PANICLAND. They're a band. They can sell out shows, they've racked up 10's of thousands of

YouTube views, and the music biz is taking notice.

#### 68) Derek Laxdal



Born in Gimli, raised in Stonewall, Derek coached the Edmonton Oil Kings to the Memorial Cup championships this year, and has now moved up in rank as head coach

of the AHL's Texas Stars. Along with winning the Memorial Cup, he has two WHL titles to his credit.

#### 67) Lindsey Mazur



An inspirational and tireless advocate for health: body, mind and spirit; through the Health at Every Size initiative. Lindsey is a Future Leader of Manitoba award winner and a role model for many.

#### 66-64) Chris Johnson, Kevin Buckner & Scott Macauly



Creators of the "Permission Click" app, 2014's "Most Promising Start-Up of the Year." Permission Click is a digital permission slip and

payment collection for schools. Super smart.







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MANITOBA'S MOST FASCINATING 100 PEOPLE

#### ACE BURPEE

#### 63) David Zyla



Always there for people and causes including the United Way. A great person, and inspiration and friend to many, and also President of Rainbow Resource Centre.

#### 62-61) Sean Vincent & Ed Mehanovic



The two construction workers who came to the aid of Rinelle Harper, who had been badly assaulted and left for dead under the Midtown Bridge. She's alive in part thanks to them.

#### 60) Ryan Dion

A 2014 Hero of Mental Health award winner, Ryan has been working towards his recovery by participating in the Rehabilitation and Recovery Service at CMHA Winnipeg. While committed to his own recovery, he also takes time to help others with their path to wellness. Ryan had a vision of a peer network at CMHA and he created the Action in Recovery peer support group that meets at CMHA and has also set up an online forum for group members to communicate and set up social activities outside of CMHA.

#### 59) Carson Burr



I met this beauty just a little while ago, and I'm better for it. Born with a congenital heart defect, Carson has spent plenty of time in hospital. What he learned through his struggles was that others were

going through similar hardships, and once back on his feet he would give back and help others by raising money for the Chiildren's Hospital. He's relentless, having raised more than \$40,000 so far and this year received the Outstanding Youth in Philanthropy award. Kid

is only nine years old but he gets it.

#### 58) Ian Goodall-George



He is the very rare living and anonymous organ donor. Correctly figuring he could live well with a single kidney, Ian donated one to save the life of someone he will never meet and who will never

know the story. Crazy selfless.

#### 57) Avery Skog



He's the founder of the Brick by Brick project, which builds schools in Kenya. He is 10 years old. I was lucky enough to present Avery with his Young Humanitarian of The Year award in 2014. I also

heard him get a shout out from the Kielburger brothers at WeDay. Oh, he also received the Governor General's "Caring Canadian" award this year.

#### 56 & 55) Bill Ayotte & Didier Foubert-Allen

Bill was awarded the Order of the Buffalo Hunt, and Didier also played a major part in saving Erin Greene during a polar bear attack in Churchill. Armed only with a shovel, Bill went after the animal as it attacked Erin. The bear then turned on him and totally rag dolled him, at which point Didier came in. Everyone lived.

#### 54) Talia Syrie



Many in this town mourned the loss of The Tallest Poppy restaurant, which operated for about 61/2 years in the Red Road Lodge on Main Street. Talia ran the original, and after a bit of

break, the Poppy is born again in The West End, and people are stoked.

#### HSC Volunteer Ed Holowich Logs 17,287 Hours... and Counting



Volunteers an average of 1,000 hours per year at Health Sciences Centre.

Ed Holowich has devoted his time to volunteering at the Health Sciences Centre (HSC)—in fact he's volunteered more than anyone. Ever.

The 75-year-old, retired postal worker has volunteered at HSC since 2002, logging in more than 17, 287 hours, with an average of about 1,000 hours every year. He typically volunteers Monday through Friday, and sometimes comes in on the weekends.

"He's got a job to do and he does it," said Evelyn Casey, HSC manager of volunteer services. "I think he's the kind of guy who likes to stay busy and not be idle."

Holowich has done a bit of everything while volunteering at the hospital, including newspaper delivery, escorting, filing, helping out at special events, patient reminder phone calls, and other office and clerical duties. He's also volunteered at the hospital's Diabetes Education Resource for Children and Adolescents.

Casey describes Holowich as a humble, unassuming man who's just there to help and though he appreciates it, is not looking for recognition.

HSC volunteer services has recognized Holowich for his long time service on several occasions. He's received awards for the long service and the highest number of hours at their Annual HSC Volunteer Recognition dinner. He's also been recognized on HSC's Wall of Caring for volunteering more than 1,000 hours.

Casey said Holowich also volunteers within the community and with the Knights of Columbus.

Adriana Mingo, For Metro Winnipeg

#### 53) Nicolina Ammazzini



I remember when I first met her, but I'll tell you where you all first saw her and basically it'll be all you need to know. Remember that Jets game called "Hockey Fights Cancer"? Nicolina was the tiny girl

who came out to centre ice after first speaking with Chris Thorburn on the bench. I was hosting and cycling in Cancer Care MB's Inside Ride a few months ago and Nicolina was the star that night as well. Love her.





## Have you been turned down for a car loan... but need a car?

MANITOBA'S MOST FASCINATING 100 PEOPL

#### 52) Yvon Dumont



Former Manitoba lieutenant-governor was the first Metis-born person to I hold the position. A champion for Metis rights and inclusion, this past year received the Order of Canada.

#### 51) Lorraine E. Brandson



I'm a huge, huge fan of the north, so when I heard about Lorraine I thought it was interesting and cool that she was named to the Order of Manitoba this past year for something

not usually recognized with awards. Lorraine was recognized for her devotion to preserving and promoting the culture, heritage and environment of our north as curator of Churchill's world-renowned Eskimo Museum and archivist for the Churchill-Hudson Bay diocese.

#### 50 - 47) Myles, Janelle, Maryn, and Greg Lavich



In 1996, the quadruplets were born 10 weeks premature and weighing only three pounds each. Here we are, 17 years later, not only did they survive but all graduated from Carberry Collegiate this year. Unreal.

#### 46) Floyd Wiebe



Since losing his son TJ 10 years ago, Floyd has been a passionate and tireless advocate for promoting a drug-free lifestyle and making better choices.

#### 45) Yale Michaels



Named one of Canada's Top 20 Under 20 this year, this dude started early. At 12 years of age he secured a lab position at the U of M. His passion for science has now led to a mission to find a way to destroy harmful cells in

the human body, while leaving healthy ones intact. Yale is currently at school. Not at Yale, but Harvard.

#### 44 & 43) Ella & Aiden Anderson



Two of the nicest kids you will ever meet, and also extremely caring. Ella and Aiden's annual Lemonade and Muffin sale has become, well, a big deal. They do it every year in support of the Children's Hospital, and every

year it grows. Aiden also battles Situs inversus with dextrocardia - a condition where all of your organs are reversed from their normal positions and will assume the role of the Children's Hospital Foundation Champion Child for 2015. He'll be excellent.

#### 42) Yvette Cenerini



Yvette Cenerini is a Franco-Manitobain visual artist living and working in Winnipeg. She has a unique understanding of both animal and human behaviour having

studied psychology, zoology and education before obtaining her Bachelor of Fine Arts. Her stuff is amazing, and I was hosting an event a few months ago and really saw her shine. Yvette was tasked with creating an original piece of art while we dined, which would be up for auction after we were finished.

#### 41 & 40) Russell Listmayer & Kelsey Forrest



I had the pleasure of meeting them both in the summer and I'm better for it. Both were tremendous ambassadors for the Arthritis Society, both comfortable and

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#### ACE BURPEE

#### Rare Cancer Not as Rare as Nicolina Ammazzini's Spirit



Three-year-old Nicolina was diagnosed with bilateral Wilms tumours, a rare form of cancer that was found in her kidneys.

Nicolina Ammazzini is a little girl with a big story

Shortly after her second birthday, Nicolina was diagnosed with a rare form of cancer. She had bilateral Wilms tumors in her kidneys.

"She's definitely a fighter," said her mom Pam Ammazzini. "She never let it slow her down."

After being diagnosed, she endured 18 rounds of chemotherapy, six rounds of radiation, and surgery. In the summer, she was told by doctors that she'd be okay.

"When [she and her family] come to CancerCare, everyone in the office is front and center to get a hug—we all want to see how well she is doing," said Bob Jones, CancerCare Manitoba Foundation spokesperson in an email.

The now three-year-old Nicolina's story has been shared in the CancerCare Manitoba Foundation's annual report and she's been to several CancerCare events.

"We introduced Nicolina as one of four children to 15,004 fans at the Winnipeg Jets Hockey Fights Cancer game and when she was walking out to the ice she "knuckle bumped" one of the players on the bench," said Jones. "The photo was all over the internet."

The hockey game happened Nov. 4 and Nicolina's mom said she had fun and was playing with another child.

"She has a magnetic personality and when you know her story and how hard she has worked through months of treatment, you can't help but be totally inspired," said Jones. "It reminds all of us why we are part of the CancerCare family."

Adriana Mingo, For Metro Winnipeg

honest with sharing their stories. Russell, 12, has disease has manifested itself with joint pain and uveitis, an inflammation of the eye that has created a long list of complications and he's at at least 10 surgeries and counting to protect and heal his eyes. Kelsey, 9, lives with Juvenile Rheumatoid Arthritis which she controls through medication, exercise, and being one of the coolest kids I've ever met. She even finished right near me at a run I was in this summer, and I'm not slow.

#### 39) Cameron Krisko



Cameron is the founder and President of Making Waves Canada, and recent recipient of Canada's "Top 20 Under 20" award. Making Waves provides affordable swimming instruction to children

with special needs and the program has exploded. Just an excellent concept and execution.

#### 38) Corey Cook



Yet another Manitoban named as one of Canada's Top 20 Under 20, I've had the pleasure of hearing him speak a couple of times. A proud member of Mimo Bimaadiziwin

(Ojibway for "the good life"), Corey has turned a difficult childhood into an inspiring and bright

future for not just himself but for countless others through public speaking and engagement on drugs, alcohol, and dealing with crisis.

#### 37 & 36) Jenna Rae and Ashley Nicole



Partners (and twin sisters) in Jenna Rae Cakes, which Instagram will tell is wildly popular. Martha Stewart named Jenna Rae Cakes one of the 20 cake makers to follow on Instagram. Likes are nice and

all, but your product has to deliver, and Jenna Rae Cakes boutique bakery on Academy has been crazy busy since it opened.

#### 35 - 32) Braden Calvert, Kyle Kurz, Lucas Van Den Bosch & Brendan Wilson



The reigning Canadian Junior (under 20) Men's Curling Championships. Manitoba now has back-

to-back champs in this tournament after Matt Dunstone's crew won it the year prior. We're going to have some great men's curling teams coming.

#### 31) Johanna Stein



Her "Momhead" video on YouTube in featuring actual comments her daughter makes to her is nearing three million views. Her book "How Not to Calm a Child on a Plane" is now being made into a

sitcom pilot - produced by Will Arnett - for CBS. Big time talent.

#### 30 & 29) Jeremie and Janelle Wookey



In the summer I watched a documentary called Treading Water: Plight of the Manitoba First Nation Flood Evacuees. It was about the 2011 flood in

our province, and it was riveting, raw, sad, frustrating and real. Jeremie and Janelle made the film, which is well worth your time.

#### 28) Bruce



Bruce is a Mosasaur. Basically the T-Rex of the sea, and they used to swim around here. Bruce lives at the Canadian Fossil Discovery Centre in Morden, and is now

officially in the Guinness World Records book as the largest ever of its kind. I went and saw Bruce this past summer and he's impressive.

#### 27) Jeannette Montufar



As accomplished and interesting as any woman we've ever been fortunate to have in our city, Jeannette is an author, professor at the U of M, a Women of Distinction winner, and founder

of the Hummingbird Education Fund. The fund was created to encourage Canadian women with limited resources to pursue post-secondary education in engineering, natural science, health, medicine, or law.

#### 26 & 25) William Kohler & Jordan Tully



In what was probably the most underrated local sports story this year, Manitoba won gold in both the male and female Under 17 National Basketball championships.

That's crazy. It's the first gold medal for either program. It's huge. William and Jordan were the MVPs for the male and female teams respectively and had massive tournaments.

#### 24 & 23) Rusty Matyas & Marti Sarbit



The founders of Imaginary Cities, who if they aren't the best band in Canada, are at the very least in the conversation. Listening to their stuff, at least for me, makes

life better. They were winners of Best Pop Recording of the Year for "Fall of Romance" at this year's Western Canadian Music Awards.

#### 18-22) Jennifer Jones, Jill Officer, Kaitlyn Lawes, Dawn McEwen and Janet Arnott



Not only won Olympic gold for Canada and for Winnipeg in Sochi, but basically put on a clinic.

After their first three games I was sitting with my Dad watching some Olympic stuff and I'm like, "Dad, I can't possibly see them even losing a game." They did not. I got to watch the gold medal game at their home rink with hundreds of others and it was the best.

#### 14 - 17) Emma Williams. Andrew Dalkie, Bruce James & John Zonneveld:



Emma and Andrew are students at Kelvin, and with the help of John, their Design and Drafting

teacher plus Bruce James from St. John's, their warming hut design will be on the River Trail at The Forks this winter.

#### ACE BURPEE

#### 13) Sisler Robotics Team



This crew made a multiple award-winning robot named Maple. Wildly-talented group. I'm naming names! Shout out to: Kyle Castro, Parmandeep

Chadda, Shane Cuenca, Anmol Mann, Ashley Victoria, Team Mascot: Easton Lachance, Jan Chua, Thomas Penner, Michael Cloma, Arjun Kaushal, Dmytro Shulyakov, Dan Miguel Blanco, Jedri De Luna, Emily Fletcher. Teachers include: Crystal Lachance (Design Drafting), Jamie Richardson (Metals), Steve Erickson (Computer Science), Lorne Richards (Science).

#### 12) Wade Miller



Born here, raised here, played here, and stayed here. Miller took over as President and CEO of the Winnipeg Blue Bombers. And one time, when I was 19, I ran afoul of three big dudes who randomly decided they were

going to beat me up. And Wade Miller walked in, sensed a mismatch and simply said "That's my best friend. Don't touch him, and get out." Done.

#### 11) Ed Holowich

This guy is just a beauty. I've met him, and of course he comes across as the most humble guy ever, but he needs to be celebrated. Ed is a volunteer as the HSC. He does literally everything there - delivery flowers, visiting patients, escorting people to their appointments, helping with rehab, etc - all of it on a volunteers basis. So far, Ed has volunteered more than 17,000 HOURS OF HIS TIME. That's around two full years of life.

#### 10) Danielle Otto



The daughter of a proud Beausejour farm family, Danielle Otto employs that farm-tough work ethic as a proud advocate for disability rights. Born with cerebral palsy and living everyday in a wheelchair, Danielle

is planning to take her work to the next level by studying for the LSAT and becoming an attorney.

#### 9) Michael Embury



Michael works with the disability community, Aboriginal organizations and organizations supporting new Canadians. He sits on the board or steering committees of six organizations in Manitoba and is

involved in multiple volunteer activities including the Manitoba Employment Equity Practitioners Association to the Urban Circle Training Centre.

#### 8) Ty Brewster



Ty, from Steinbach, played on the US Golf Tour this past summer. He's 5 years old. Yep, there's a US Kids Golf Tour, and he was the only Canadian on it this year. He's 5!!!

#### 7) Jaring Timmerman



I wrote about him earlier in the year and I'll be forever fascinated by this man. I just love his story. Holder of dozens of masters swimming records, Jaring was STILL SWIMMING COMPETIVLEY AT 105 YEARS

OF AGE. It's quite honestly as amazing as anything in the history of sport. He passed away just weeks ago, but man did he live.

#### 6) Maria Nickel



A teacher at Woodlands Elementary in the Interlake, Nickel submitted a plan to the Student Spaceflight Experiment Program (SSEP) which would engage more than 400

students and 17 teachers across the Interlake School Division. Throughout the ten-week program, students would work with scientists to design and propose experiments to fly on the International Space Station. Nickel secured

\$20,000 from private and public-sector sources for the winning experiment to go to the International Space Station. Students in her school division participated in a live video broadcast with the International Space Station. The broadcast involved the Smithsonian Museum in Washington DC and NASA Mission Control in Houston. AND... she received a Prime Minister's Award for Teaching Excellence.

#### 5) Kina Raven Beardy



At only 10 years she stepped in between a woman being attacked by two

others, stopping the attack and allowing the victim to flee to safety. For her courage, Kina, from Cross Lake MB, received the Medal of Bravery from Gov. Gen. David Johnston this past spring.

#### 4) Tammy Christensen



She is the Executive Director at Ndinawe - which is an integrated service organization for youth, focusing on Shelter, Culture, Recreation, Education, Outreach and Support. I was co-hosting a MMIW event

in the wake of the tragedy of Tina Fontaine and got to spend a good amount of with Tammy. She also spoke that evening and is truly, well, fascinating.

#### 3) Brian Bowman



Ran away with what was supposed to be a close election and is now Mayor Bowman.

#### 2) Lindor Reynolds



As wonderful and gracious as everyone says she was. Columnist for the Winnipeg Free Press, we lost Lindor this year but I, and countless others, are much better for having known her.

#### 1. Kevin Walters



One. Of. The. BEST. People. Ever. When your memorial has to be held in the Burton Cummings Theatre and I arrive fairly early and all that's left are a few spots in the upper balcony, you know you are loved. We lost Kevin this

year, and he will be forever missed.

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## Going straight can be a rocky road

Top Five. From Bill Murray and Robin Williams to Jim Carrey and Jonah Hill, all comic actors eventually attempt to switch to more dramatic roles

Bill Murray became a bigscreen superstar on the back of loose-limbed performances in comedies like Caddyshack, Stripes and Ghostbusters. By 1984, however, he was tiring of playing the clown and looking to do something with a bit more of an edge.

When director John Byrum gave him a copy of W. Somerset Maugham's 1944 novel The Razor's Edge, Murray responded the very next day.

sponded the very next day.

Calling the director at 4 a.m., he said, "This is Larry, Larry Darrell," dropping the name of the novel's main character, an enigmatic man on a quest for spiritual fulfilment.

The resulting film bombed, with Roger Ebert suggesting Murray played "the hero as if fate is a comedian and he is the straight man."

Of course Murray has gone on to become a credible and in-demand dramatic actor, but the story of a comedian's rocky leap from farce to drama still rings true today.

Chris Rock's new comedy Top Five tells the story of Andre Allen, a fictional megastar trying to jump from silly comedies to Uprize, a serious drama about the slave revolt in Haiti

Top Five is a new twist on an old story. Many comedians have tried to flick the switch from comedy to drama.

Robin Williams effortlessly hopped between genres. In 2002 alone, he made three films: the lowbrow laffer Death



to Smoochy, the psychodrama One Hour Photo and Christopher Nolan's thriller Insomnia.

Will Ferrell, Steve Carell and Jonah Hill are known for funny movies like Blades of Glory, The 40-Year-Old Virgin and Superbad, but each have stretched their dramatic muscles.

Ferrell's Stranger Than Fiction earned a good review from Roger Ebert, who said Ferrell "has dramatic gifts to equal his comedic talent."

Carell's new drama Foxcatcher looks poised to earn him notice at awards time.

And Jonah Hill is a twotime Oscar nominee for heavyweights Moneyball and The Wolf of Wall Street. In Review

## RICHARD CROUSE



Top Five

Director. Chris Rock

Stars. Chris Rock, Rosario Dawson, Gabrielle Union

••••

The top five things to know about Top Five are: It works as a comedy, as a romance, as a look at creative fulfilment, as a showcase for Chris Rock's comedian friends and as a portrait of fame in the 2000s.

Rock, who also writes

and directs, stars as a comedian making a switch to serious drama.

Promoting his new movie and nuptials to reality star Erica (Gabrielle Union), he spends the day with reporter Chelsea Brown (Rosario Dawson) who urges him to think about his past and future

about his past and future.
Unlike his movie alter
ego, Rock is clearly still
interested in being funny
in this personal film that
crackles with energy and
NSFW humour.





metr⊕ **MOVIES** metronews.ca WEEKEND, December 12-14, 2014

## Birdman, Boyhood have that golden touch

**Awards.** Aside from wild cards like The Judge, the Golden Globe noms are a pretty predictable lot

Metro World News in New York

The Golden Globes, the Oscars' more fun, slightly more dishevelled younger sibling, rolled out their nominations for 2014. Traditionally what they pick has been a reasonably accurate prediction of what the Academy of Motion Picture Arts and Sciences will themselves choose, as well as what has been feted by other laudatory organizations. And if you've been following critics groups' awards, you already know that Boyhood and Birdman are the best horses for your betting

That said, there are always some wild cards, the most glaring being the nomination for Robert Duvall for



The Judge — a rickety, faintly offensive stab at a crowdpleasing awards gobbler that presumably most people already forget ever existed. In a similar but different vein, Jessica Chastain racked up

her token nod for the 10,000 movies she did this year, but it wasn't for The Disappearance of Eleanor Rigby, as the Weinstein Company would have liked. Instead it's for her Brooklyn-accented work

rwb.org

in the crime saga A Most Violent Year.

Julianne Moore wound up with two nominations — one for the Alzheimer's drama Still Alice, another for David Cronenberg's Hollywood



satire Maps to the Stars, the latter, which had seemed to have been lost in the shuffle.

The most curious bits involved the Globes' classification system, especially what it designates as comedy and drama. It's neat that they didn't try to elevate the very silly Birdman — or the even nuttier Inherent Vice, which

nition for Mad Men, which

is heading into its final run

of episodes and continues

to be one of the best shows

on television? And why does

Downton Abbey continue to

rack up nominations year

after year - it earned two

this year, for best miniseries

and supporting actress Joanne

Froggatt - when its quality

continues to slide since its

impressive first season? Still,

it takes guts to not nominate

scored a single nod, for Joaquin Phoenix — to the prestigious dramatic category.

That said, is Tim Burton's Big Eyes really a comedy? Its tale of a woman (Amy Adams) whose paintings are stolen by her abusive husband (Christoph Waltz) is very broadly played, but is that even the same thing?

Television nominees

- Drama series. The Affair; Downton Abbey; Game of Thrones; The Good Wife; House of Cards
- Drama, actor. Clive Owen, The Knick; Liev Schreiber, Ray Donovan; Kevin Spacey, House of Cards; James Spader, The Blacklist; Dominic West, The Affair
- Drama, actress. Claire Danes, Homeland; Viola Davis, How to Get Away With Murder; Julianna Margulies, The Good Wife; Ruth Wilson, The Affair; Robin Wright, House of Cards
- Comedy or musical series. Girls; Jane the Virgin; Orange Is the New Black; Silicon Valley; Transpar-
- TV movie or miniseries. Fargo, The Missing, The Normal Heart, Olive Kitteridae. True Detective
- The full list of nominees is available online at metronews.ca.



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# Television. Hollywood Foreign Press disses Mad Men, Modern Family

On the television side, the nominations for this year's Golden Globes has some genuine surprises, a few headscratching snubs and some clues about how the TV landscape is continuing to shift. HBO once again dominates the networks, pulling in 15 nominations, but Showtime is closing in with nine. And the most-nominated show, Fargo, was on basic cable channel FX, not HBO or another premium. HBO's True Detective, though, ranks second with

four nominations. Aside from attention to the fantastic Fargo, it's also a delight to see Jane the Virgin — especially star Gina Rodriguez — get attensome tion, as well as Amazon streaming series Transparent. But come on, Hollywood Foreign Press Association,

no recog-

comedy juggernaut and perennial Emmy favourite Modern Family for a single award, The Golden Globes air Jan. 11, hosted by Tina Fey and (the un-nominated) Amy Poehler. NED EHRBAR/MWN

## Alan Turing's 5 awesome things

#### The Imitation Game.

Benedict Cumberbatch is so impressed with Second World War hero Alan Turing, he offers five reasons to watch the new biopic

#### **EHRBAR**

Benedict Cumberbatch signed on to play Second World War code breaker and computer pi-oneer Alan Turing in The Imitation Game, he became enamoured with the man. And he thinks you should be, too.

So here, in his own words, is why Cumberbatch thinks Turing is such "an extraordinary human being" - and why the film chronicling his decoding of the German Enigma machine and turning the tide of war deserves your attention.

#### 1. He made great things out of great suffering.

"All of the worst moments in his life led to achievements," explains Cumber-

"Being ostracized from a group made him think about isolating work. Not understanding how to communicate because so much of what he had to deal with in his life was to do with secrets made him an expert cryptographer. The idea

of clandestine, repressed coding and analyzing that language was just completely borne out of his circum-

#### 2. He's not a Sherlock knock-off.

"Though Sherlock is an immediate comparison, they're so different. Sherlock is a sociopathic showoff, and Alan was anything but. He was a team player despite our narrative arc in our story.'

#### 3. He never had a chance to be comfortable with himself.

"At university, he was in a very openly extroverted and celebratory gay culture, but he was incredibly shy because he'd spent his entire childhood loving somebody who then died. Not having it consummated or having it reciprocated, he hadn't formed that understanding of what that was and didn't have any confidence with it. So that was almost as terrifying as complete intoler-

#### 4. He was not a fan of metaphors and puns.

"There was just enough in language that he found disturbing to what he understood of things and how language should be used what words are literally interpretable as, rather than innuendo or inflection or irony. If you take the bare instructions of what words are, he was fascinated with



#### 5. He can be funny — and it's OK to laugh.

"(The film) should be funny - and sometimes unintentionally on his part. It's him missing the point, or not missing the point, but everyone else using lazy language and him thinking they mean literally what they mean. I don't think he was always trying to be a pedant. I think he genuinely did think in a very literal way, hence his

## Turing definitely a hero, says Allen Leech

Irish actor Allen Leech first gained notoriety as upstart chauffeur Tom Branson on Downton Abbey. While that show has slowly crept through the first half of the 20th century, Leech is jumping forward a few years with The Imitation Game, starring as part of the team of mathematicians who help Alan Turing crack the Nazi Enigma machine.

Leech says he knew a bit about Turing before signing on with the film, but had no idea how much of a hero he was.

"I knew Alan Turing, I knew he'd built a machine, but I certainly didn't know the extent that he went to during the time

at Bletchley Park, how hard he had to fight for the opportunity to make this machine and how hard he'd have to fight for his own existence later on in his life.

'Turing was a war hero. His work and the work of the people at Bletchley Park ended the war two years early, with an estimated saving of 14 million lives. I mean, anyone who says that Turing isn't a war hero just has to look at that fact, and what they estimated his achievement gave the Allies, and realize how important he was.

Secrets give you power. At the time during the Second World War, if you had knowledge, then you became more powerful.

Allen Leech



metr⊕ **MOVIES** metronews.ca WEEKEND, December 12-14, 2014

## Ending it all by wrapping the beginning

#### **Producer interview.**

With the last Hobbit film, Peter Jackson is thrilled to finally finish his Lord of the Rings adventure

**RICHARD CROUSE** 

Thirteen years, six movies and more than 1,000 minutes of film later, Peter Jackson is ready for a break.

"You can't believe how much we don't want anything to do," he says.

With the release of The Hobbit: The Battle of the Five Armies, the journey that began with 2001's The Fellowship of the Ring has come to an end for the director and his wife, producer and screenwriter Fran

"We haven't had a day when we've woken up and there hasn't been a deadline," he says of the last 13 years.

"Even if you go on vacation and they say, 'You finished the first Hobbit movie and you can have three weeks off over Christmas,' but we have to come back and start work on the next one on January 6, so it has always been this sort of looming thing.

"Now we get to wake up and it is done, finished, nothing left to do. We deliberately haven't taken on any other work because Fran and I wanted so badly, for once in our professional lives of 30-odd years, to not have anything to do. That doesn't mean that six weeks into our holiday we'll not be so bloody bored that we'll immediately start another project. That would be fine. At least we'll do it for the right reasons.'

The new film is the end of an era, and the beginning of one of the biggest movie franchises in history. As the third part of the Hobbit trilogy, it brings to an end Jackson's J.R.R. Tolkien's adaptations. In the chronology, however, it is midway, the film that sets up the Lord of the Rings pictures.

To me it has significance because it is the moment in time where a six-film series finally comes into focus," he

"We are only four or five years away from a genera-tion arriving who will have no memory or knowledge of how these films were released when they came out. All they'll have is a six-part box set and hopefully they'll start at the beginning and go through to the end. To me, until this movie actually existed there were these parts that were floating out there that can now be together.'

He may be done with the Lord of the Rings and Hobbit movies — "I have other things I want to make. I think it would be a terrible sad thing to spend the rest of my life going back over these films and trying to make them better" — but he's not done with the cast he built

"We've just got such a wonderful collection of actors of all different types, and we're friends now," he says.

"I would be a happy man if I could make movies for the rest of my life using the cast we've used to date. I love it when directors have relationships with the same actors in film after film. It's a fantastic thing.'





#### **Exodus: Gods** and Kings

Director. Ridley Scott

Stars. Christian Bale, Ben Kingsley

From acclaimed director Ridley Scott (Gladiator, Prometheus) comes the epic adventure Exodus: Gods and Kings, the story of one man's daring courage to take on the might of an empire. Using stateof-the-art visual effects and 3D immersion, Scott brings new life to the story of the defiant leader Moses (Christian Bale).

Rotten Tomatoes™ score Critics: Audience:













## Dirty Singles celebrates director's hometown

**Streaming.** Alex Pugsley gave Toronto as much of a starring role inhis debut film as the ensemble cast

STEVE GOW

Alex Pugsley almost tried to cast Rachel McAdams in his very first movie - except the young director changed his mind.

"I have a friend that's a yoga instructor of Rachel McAdams and I thought, should I pretend to be a yoga student and pass her the script?" laughed the filmmaker while discussing his new drama Dirty Singles.

"Then I thought it might be weird — not only because it's weird to approach her at a yoga class, but if there's one movie star and everyone else is sort of unknown, it might make the feng shui of the movie wonky."

Wise move. Instead, Dirty Singles is a well-balanced movie that's reminiscent of such multi-layered rom-coms as Love Actually and Crazy Stupid Love. In the ensemble relationship drama (available Dec. 15 on iTunes and VOD), a

**Alex Pugsley admits** his debut feature was 'a big logistical challenge." Here's a look at Dirty Singles by the numbers:

Filming locations within

group of late-20-something couples struggle with their collective friendship after one pair's partnership falls

"The cast is one of the strongest features of the movie," said Pugsley of an ensemble he whittled down from about 250 auditions. "When you're making a romantic comedy, you want the actors to feel like they're really a couple because the audience will figure it out.

"The audience will sense immediately if people have chemistry and they would actually be married to each

Hours of daylight in December, when he filmed the movie.

As convincing as Pugsperformances to be, the TV writer-turn ? ... also insisted on making Toronto part of the movie - if not for the sake of simplicity (he shot it all within a 200-metre radius of one neighbourhood, after all), then for the love of his hometown.

"Toronto is used so often as a stand-in for New York or London," said Pugsley. "I thought let's see the CN Tower or the Gardiner Expressway or streetcars. I think Toronto's amazing, so let's celebrate it - I wish more things did."



THESE PAGES COVER MOVIE START TIMES FROM FRI., DEC.12 TO THURS., DEC. 18. TIMES ARE SUBJECT TO CHANGE.

#### Cinema City McGillivray 2190 McGillivray Blvd.

Big Hero 6 (G) Sat-Sun 1:05 Wed-Thu 5:05-7:45

Big Hero 6 3D (G) Fri-Sat 4:05-6:45-9:15 Sun 4-6:45-9:15 Mon 5-7:35 Tue 4:05-6:45-9:15

Dumb and Dumber To (PG) Fri 4:30-7:05-9:45 Sat-Sun 1:20-4:30-7:05-9:45 Mon 4:45-7:20 Tue 4:30-7:05-9:45 Exodus: Gods and Kings (PG) No Passes Fri 4:15-7-9:50 No Passes Sat 1-4:15-7-9:50 No Passes Sun 1-4:15-7:45 No Passes Mon 4:35-7:50 No Passes Tue 4:15-7-9:50 No Passes Wed-Thu 4:45-8 No Passes Fri 7-9:30 No Passes Sat 3:15-7-9:30 No Passes Sun 3:45-7:30 No Passes Mon 7 No Passes Tue 7-9:30 No Passes Wed-Thu 6:30-9:45

The Hobbit: The Battle of the Five Armies (PG) No Passes Wed-Thu 5-8:15 The Hobbit: The Battle of the Five Armies 3D (PG) No Passes Wed-Thu 5:30-8:45 No Passes Wed-Thu 7-9-10:15 Horrible Bosses 2 (14A) Fri 4:20-7:20-9:55 Sat-Sun 1:45-4:20-7:20-9:55 Mon 5:05-7:40 Tue 4:20-7:20-9:55 Wed-Thu 5:15-7:50

The Hunger Games: Mockingjay, Part 1 (PG) Fri 4:25-4:55-7:15-7:45-10-10:30 Sat 1:30-2-4:25-4:55-7:15-7:45-10-10:30 Sun 1:15-2-4:05-5-7-8-9:50 Mon 4:40-5:10-7:45-8 Tue 4:25-4:55-7:15-7:45-10-10:30 Wed-Thu 4:55-7:55 Fri 6:30-7:30-10:15-10:45 Sat 3:45-4:45-6:30-7:30-10:15-10:45 Sun 4:15-4:45-7-8 Mon 6:30-7:30 Tue 6:30-7:30-10:15-10:45 Wed-Thu 6

Interstellar (PG) Fri 4:45-8:30 Sat-Sun 1:10-4:45-8:30 Mon 6 Tue 4:45-8:30 Wed-Thu 4:30-8:10

Penguins of Madagascar (G) Sat-Sun 1:35

Penguins of Madagascar 3D (G) Fri-Sat 4:40-7:30-10:15 Sun 4:40-7:10-9:30 Mon 4:25-7:05 Tue 4:40-7:30-10:15 Wed-Thu

#### Cinema City Northgate 1399 McPhillips Street

1399 McPhillips Street, 204-334-6234 Action Jackson (14A) Fri 4:40-7:50 Sat-Sun 1:20-4:40-7:50 Mon-Thu 7 Before I Go to Sleep (14A) Fri-Sat 6:40-9 Sun 6:30-8:50 Mon-Thu 8:05 The Book of Life (G) Sat-Sun 1:50 The Book of Life 3D (G) Fri-Sun 4:05 Mon-Thu 5:20

Chaar Sahibzaade 3D (PG) Fri 4:10-6:50-9:30 Sat-Sun 1:25-4:10-6:50-9:30 Mon-Thu 5:20-8:10 Dracula Untold (14A) Fri 7:20 Sat 2-7:20 Sun 2-7:10 Mon-Thu 5:35 The Equalizer (14A) Fri-Sat 4:15-9:35 Sun 4:15-9:20 Mon-Thu 7:50

Gone Girl (14A) Fri 4:50-8:10 Sat-Sun 1:30-4:50-8:10 Mon-Thu 7:30 Guardians of the Galaxy (PG) Sat-Sun 1:40

Guardians of the Galaxy 3D (PG) Fri-Sun 4:20-7-9:40 Mon-Thu 5:40-8:20 Left Behind (PG) Fri-Sat 6:30-8:50 Sun 6:20-8:40 Mon-Thu 7:40

Past Tense (PG) Fri 4:30-7:10-9:50 Sat 1:35-4:30-7:10-9:50 Sun 1:35-4:30-7:05-9:40 Mon-Thu 5:25-8

Teenage Mutant Ninja Turtles (PG) Fri 4 Sat-Sun 1:40-4 Mon-Thu 5:30

#### Cinematheque 304-100 Arthur

The 100-Year-Old Man Who Climbed Out the Window and Disappeared (14A) Wed 7 Thu 9 Jingle Bell Rocks! (STC) Fri 9 Sat-Sun 7 No Films Showing Today (STC) Mon-Tue

Walking the Camino: Six Ways to Santiago (STC) Sat 9 Sun 2 Thu 7

#### City Cinema - Northgate 1399 McPhillips

Action Jackson (14A) Fri 4:40-7:50 Sat-Sun 1:20-4:40-7:50 Mon-Thu 7 Before I Go to Sleep (14A) Fri-Sat 6:40-9 Sun 6:30-8:50 Mon-Thu 8:05

The Book of Life (G) Sat-Sun 1:50 The Book of Life 3D (G) Fri-Sun 4:05 Mon-Thu 5:20

Chaar Sahibzaade 3D (PG) Fri 4:10-6:50-9:30 Sat-Sun 1:25-4:10-6:50-9:30 Mon-Thu 5:20-8:10

Dracula Untold (14A) Fri 7:20 Sat 2-7:20 Sun 2-7:10 Mon-Thu 5:35 The Equalizer (14A) Fri-Sat 4:15-9:35 Sun 4:15-9:20 Mon-Thu 7:50

Gone Girl (14A) Fri 4:50-8:10 Sat-Sun 1:30-4:50-8:10 Mon-Thu 7:30 Guardians of the Galaxy (PG) Sat-Sun 1:40

Guardians of the Galaxy 3D (PG) Fri-Sun 4:20-7-9:40 Mon-Thu 5:40-8:20 Left Behind (PG) Fri-Sat 6:30-8:50 Sun 6:20-8:40 Mon-Thu 7:40

Past Tense (PG) Fri 4:30-7:10-9:50 Sat 1:35-4:30-7:10-9:50 Sun 1:35-4:30-7:05-9:40 Mon-Thu 5:25-8

Teenage Mutant Ninja Turtles (PG) Fri 4 Sat-Sun 1:40-4 Mon-Thu 5:30

#### Famous Players Kildonan Place, 1555 Regent Ave W.

1555 Regent Ave W, 204-663-2166 Big Hero 6 (G) Sat-Sun 1:30 Big Hero 6 3D (G) Fri-Sun 4:15-7:20-10 Mon-Thu 5:45-8:30

Dumb and Dumber To (PG) Fri 4:20-7-9:50 Sat-Sun 1:45-4:20-7-9:50 Mon-Tue 5:40-8:40

Exodus: Gods and Kings (PG) No Passes Fri-Sun 3:30

Exodus: Gods and Kings 3D (PG) No Passes Fri 6:45-10:10 No Passes Sat-Sun 1:10-6:45-10:10 No Passes Mon-Tue 5:20-8 No Passes Wed-Thu 5:20-8:30 The Hobbit: The Battle of the Five Armies 3D (PG) No Passes Wed-Thu

Horrible Bosses 2 (14A) Fri 4:40-7:30-10:15 Sat-Sun 2-4:40-7:30-10:15 Mon-Thu 6-8-45

The Hunger Games: Mockingjay, Part 1 (PG) Fri 3:40-6:40-9:40 Sat-Sun 12:45-3:40-6:40-9:40 Mon-Tue 5:20-8:15 Wed-Thu 5:30-8:20

Penguins of Madagascar (G) Sat-Sun 1:15 Wed-Thu 5:50-8:10 Penguins of Madagascar 3D (G) Fri-Sun 4:30-6:50-9:15 Mon-Tue 5:30-8:30

#### Grant Park 8 Cinemas 1120 Grant Ave.

Birdman or (The Unexpected Virtue of Ignorance) (14A) Fri 3:30-6:40-9:55 Sat-Sun 12:30-3:30-6:40-9:55 Mon-Thu 3:30-6:40-9:55

Citizenfour (PG) Fri 3:25-6:50-9:50 Sat-Sun 12:25-3:25-6:50-9:50 Mon-Thu 3:25-6:50-9:50

Exodus: Gods and Kings (PG) Fri-Thu 3:15

Exodus: Gods and Kings 3D (PG) Fri 6:30-9:30 Sat-Sun 12:15-6:30-9:30 Mon-Thu 6:30-9:30

The Hobbit: The Battle of the Five Armies (PG) Wed-Thu 3:15 The Hobbit: The Battle of the Five Armies 3D (PG) Wed-Thu 6:45-10:05 The Hunger Games: Mockingjay, Part 1 (PG) Fri 3:50-7-10 Sat-Sun 12:50-3:50-7-10 Mon-Tipe 3:50-7-10

Penguins of Madagascar (G) Fri-Tue 5:25

Penguins of Madagascar 3D (G) Fri 3:10-7:35-9:45 Sat-Sun 12:45-3:10-7:35-9:45 Mon-Tue 3:10-7:35-9:45 Mon-Tue 3:10-7:35-9:45 Mon-Tue 3:10-7:35-9:40 (G) Fri 3:20-6:35-9:40 Sat-Sun 12:20-3:20-6:35-9:40

Mon-Thu 3:20-6:35-9:40

Whiplash (14A) Fri 3:40-7:05-10:05 Sat-Sun 12:40-3:40-7:05-10:05 Mon-Thu 3:40-7:05-10:05

#### Landmark Towne Cinema 8. 301 Notre Dame Avenue

Annie (G) Thu 6:45-9:25 Big Hero 6 (G) Fri 6:45-9:15 Sat-Sun 1-3:30-6:45-9:15 Mon-Tue 6:45-9:15 Corner Gas: The Movie (PG) Fri 7 Sat-Sun 12:50-3:55-7

Dumb and Dumber To (PG) Fri 6:55-9:25 Sat 12:40-3:10-6:55-9:25 Sun 12:40-3:10 Sun-Thu 6:55-9:25 Exodus: Gods and Kings (PG) Sat-Sun 3:25

Exodus: Gods and Kings 3D (PG) Fri 6:35-9:45 Sat-Sun 12:10-6:35-9:45 Mon-Thu 6:35-9:45

Fury (14A) Fri 6:40-9:30 Sat-Sun 12:20-3:35-6:40-9:30 Mon-Thu 6:40-9:30 The Hobbit: The Battle of the Five Armies 3D (PG) Wed-Thu 6:30-9:40 Horrible Bosses 2 (14A) Fri 7:10-9:35 Sat-Sun 1:10-3:45-7:10-9:35 Mon-Wed 7:10-9:35

The Hunger Games: Mockingjay, Part 1 (PG) Fri 6:50-9:40 Sat-Sun 12:30-3:20-6:50-9:40 Mon-Tue 6:50-9:40 Wed-Thu 6:50-9:55

Night at the Museum: Secret of the Tomb (G) Thu 7:10-9:35 Penguins of Madagascar (G) Fri 7:05 Sat-Sun 4-7:05 Mon-Thu 7:05 Penguins of Madagascar 3D (G) Fri 9:20 Sat-Sun 1:30-9:20 Mon-Thu 9:20 St. Vincent (14A) Fri-Sun 9:50 Mon-Wed 7:15-9:50

#### SilverCity Polo Park 815 St. James Street

Big Hero 6 (G) Fri 1:35 Sat 10:55-1:35 Sun-Thu 1:35

Big Hero 6 3D (G) Fri 4:25-7:10-9:50 Sat 11-4:25-7:10-9:50 Sun 12:40-4:25-7:10-9:50 Mon 4:25-7:10-10:30 Tue 4:25-7:10-9:50 Wed 4:25-10:10 Thu 4:25-7:10-9:50

Dumb and Dumber To (PG) Fri 2-4:40-7:35-10:25 Sat 11:20-2-4:40-7:35-10:25 Sun-Tue 2-4:40-7:35-10:25 Wed 4:40-7:35-10:25 Thu 2-4:40-7:35-10:25 Star & Strollers Screening Wed 1:30
Exhibition OnScreen: Matisse (STC) Sun 12:55

Exodus: Gods and Kings (PG) No Passes Fri 3:20-6:40-10 No Passes Sat 12-3:20-6:40-10 No Passes Sun-Tue 3:20-6:40-10 No Passes Wed 6:40-10 No Passes Thu 3:20-6:40-10 Star & Strollers Screening, No Passes Wed 1:30 Exodus: Gods and Kings 3D (PG) No Passes Fri-Sun 12:40-4-7:20-10:40 No Passes Mon 1:45-4-7:20-10 No Passes Tue 12:40-4-7:20-10:40 No Passes Wed-Thu 12:40-4-7:20-10:05 The Hobbit Trilogy Triple Bill IMAX

3D (STC) No Passes Mon 4
The Hobbit: The Battle of the Five
Armies (PG) No Passes Wed-Thu
2:20-5:40

The Hobbit: The Battle of the Five Armies -- An IMAX 3D Experience (PG) No Passes Wed-Thu 12:30-3:50-7:10-10:30

The Hobbit: The Battle of the Five Armies 3D (PG) No Passes Wed 2:50-6:10-9:30-9:40 No Passes Thu 2:50-6:10-9-9:30 No Passes Wed-Thu 3:20-6:40-10

Horrible Bosses 2 (14A) Fri 1:35-2:20-4:15-5-6:55-7:40-9:40-10:20 Sat 2:20-5-6:55-7:40-9:40-10:20 Sun 2:20-4:15-5-6:55-7:40-9:40-10:20 Mon 1-2:20-3:25-9:50-10:30 Tue 1:35-2:20-4:15-5-6:55-7:40-9:40-10:20 Wed-Thu 1:35-4:15-6:55-9:40

The Hunger Games: Mockingjay, Part 1 (PG) Fri-Tue 1:30-4:30-7:30-10:30 Fri-Sun 12:50-3:50-6:50-9:50 Mon 1-3:50-6:50-9:50 Tue-Thu 12:50-3:50-6:50-9:50

Interstellar (PG) Fri-Tue 1:45-5:30-9:15 Wed 2:30-9:15 Thu 1:45 Interstellar: The IMAX Experience (PG) Fri 2:45-6:35-10:15 Sat 11:05-2:45-6:35-10:15 Sun 2:45-6:35-10:15 Tue 2:45-6:35-10:15

The Metropolitan Opera: Die Meistersinger von Nurnberg (STC) Sat 11 Night at the Museum: Secret of the Tomb (G) No Passes Thu 7-9:40 Penguins of Madagascar (G) Fri 12:30 Sat 12:30-2:20 Sun 12:30 Mon 1:35 Tue-Thu 12:30

Penguins of Madagascar 3D (G) Fri 2:55-5:20-7:45-10:05 Sat 11:05-2:55-5:20-7:45-10:05 Sun 2:55-5:20-7:45-10:05 Mon 5:20-7:45-10:30 Tue 2:55-5:20-7:45-10:05 Wed-Thu 2:55-5:20-7:45-10:35

The Polar Express 3D (G) Sat 11 Serena (14A) Fri 2-4:40-7:20-10:10 Sat 11:40-4:40-7:20-10:10 Sun 2-4:40-7:20-10:10 Mon 1-3:50-10:10 Tue 2-4:40-7:20-10:10

The Theory of Everything (G) Fri-Thu  $1{:}15{-}4{:}10{-}7{:}05{-}9{:}55$ 

Top Five (18A) No Passes Fri 2:35-5:10-

7:50-10:30 No Passes Sat 12-2:35-5:10-7:50-10:30 No Passes Sun-Thu 2:35-5:10-7:50-10:30

#### SilverCity St. Vital 110-1225 St Mary's Rd.

Annie (G) No Passes Thu 7:15-10 Big Hero 6 (G) Fri-Tue 1:15-4:10 Wed 12:05-2 Thu 12:15

Big Hero 6 3D (G) Fri 2-4:40-7:20-10 Sat 11:20-2-4:40-7:20-10 Sun-Tue 2-4:40-7:20-10 Wed 4:40-7:20-10 Thu 4:25

Corner Gas: The Movie (PG) Fri 7 Sat-Sun 1-7

Dumb and Dumber To (PG) Fri 12:50-3:40-7:15-9:35-10:20 Sat-Sun 3:40-7:15-9:35-10:20 Mon-Tue 12:50-3:40-6:45-7:15-9:35-10:20

Exodus: Gods and Kings (PG) No Passes Fri-Tue 3:50 No Passes Wed-Thu 3:45

Exodus: Gods and Kings 3D (PG) No Passes Fri-Tue 12:35-7:10-10:30 No Passes Wed-Thu 12:30-7-9:55 The Hobbit: The Battle of the Five Armies (PG) No Passes Wed-Thu

2:50-6:10 The Hobbit: The Battle of the Five Armies 3D (PG) No Passes Wed-Thu 12:30-3:50-7:10-10:30 No Passes Wed-Thu 12-3:20-6:40-9:30-10

Horrible Bosses 2 (14A) Fri 2:15-5-7:45-10:25 Sat 11:35-2:15-5-7:45-10:25 Sun-Thu 2:15-5-7:45-10:25 The Hunger Games: Mockingjay, Part 1

(PG) Fri 12:35-1-3:30-4-6:30-7:05-9:30-10 Sat 12-12:30-3:30-6:30-7:05-9:30-10 Sun-Tue 12:40-1-3:30-4-6:30-7:05-9:30-10 10 Wed 12:40-3:30-6:30-10:20 Thu 12:25-3:30-6:30-10:20 Star & Strollers Screening Thu 1:30

Interstellar (PG) Fri-Tue 6:40-9:55 Wed-Thu 6:35-9:25 Fri-Tue 3 Wed-Thu 2:55

The Metropolitan Opera: Die Meistersinger von Nurnberg (STC) Sat 11
Penguins of Madagascar (G) Fri 12:40-2:05-4:25-6:50-9:15 Sat 11:40-2:05-4:25-6:50-9:15 Sun-Tue 12:40-2:05-4:25-6:50-9:15 Wed 12:35-2:05-4:25-6:50-9:15 Thu 4:25-6:50-9:15 Star & Strollers Screening Thu 1:30
Penguins of Madagascar 3D (G) Fri

Penginis of Madagascar 3D (4) F11 12:30-2:55-5:15-7:35-9:55 Sat 2:55-5:15-7:35-9:55 Wed-Thu 12:30-2:55-5:15-7:35-10:15

The Polar Express 3D (G) Sat 11







## Taylor Swift's year of note

Music. Country hitmaker tops charts and industry chatter with her pop-fuelled 1989

From her expert use of social media to her highly publicized reflections on the music industry, Taylor Swift has caught the public's attention multiple times in a year that's seen the country singer reinvent herself as a full-blown pop star via her latest, charttopping album, 1989.

#### "Love affair" between artist and fans

In July, Swift wrote an op-ed for the Wall Street Journal offering up her thoughts on music sales and the industry's future, referring to herself as "an enthusiastic optimist: one of the few living souls in the music industry who still believes that the music industry is not dying ... it's just coming

Among her points: that having fans will get artists record deals rather than the other way around, something she exemplifies in her strong social media presence.

Leading up to her album launch, Swift made smart use of social networks, announcing the LP in a Yahoo! livestream while taking questions from fans via Instagram, Skype and Twitter, later counting down to the launch with snapshots of lyrics on Instagram, and inviting some lucky followers to her home for private listening parties.



"I believe couples can stay in love for decades if they just continue to surprise each other," she wrote in the WSJ, "so why can't this love affair exist between an artist and

#### Genres "less of a career-defining path"

In her op-ed, Swift alluded to something fans could expect of her later in the year, when her decidedly non-country album 1989 came out.

"I believe couples can stay in love for decades if they just continue to surprise each other, so why can't this love affair exist between an artist and their fans?"

Taylor Swift, writing in her WSJ op-ed

She said, "I want to make music that reflects all of my influences, and I think that in the coming decades, the idea of genres will become less of a career-defining path and more of an organizational tool.'

Her pop album was released in late October and topped charts in a dozen countries, becoming the first of the year to go platinum in the U.S.

#### "People are still buying albums"

Immediately following the release of 1989, Swift made headlines again when she took her entire catalogue off the streaming service Spotify.

In her op-ed, Swift had expressed optimism about people's interest in albums, but also acknowledged that streaming — along with file-sharing and piracy — was shrinking album sales.

Despite Swift's absence on Spotify, in December, 1989 topped the very first Billboard U.S. album chart to incorporate streaming figures and song downloads as well as physical and digital sales, showing her enthusiastic optimism may not be far off the mark. AFP





#### **CLA - Battle Your Santa Belly This Season**

Natural Health Products.

Conjugated Linoleic Acid, or CLA, is a naturally occurring fatty acid, found in beef, dairy and grain products. This type of fatty acid would be classified as a "good fat". CLA has been shown to assist in weight loss and physical performance. Your body can use free fatty acids as a fuel source and CLA assists in the breakdown of fat cells. While having more free fatty acids in your blood, it is easier it is to burn fat, but it is important to remember that exercise is crucial to the assistance of CLA on weight loss. If you aren't exercising, you will not burn fat at a high rate.

CLA lowers the speed at which your metabolism burns fat, so for individuals with a slower metabolism, it facilitates more fat burning. CLA also blocks fat cells from growing, or developing more fat. Studies have shown the greatest benefits from CLA when taken in doses of 4 to 8grams per day. A minimum dose of 4g/day will give beneficial results in helping decrease body fat mass and may reduce bad cholesterol levels. At higher doses of 8g/day, CLA has a positive effect on muscle strength and endurance and reduces the effect of immune stress. CLA should be supplemented for a minimum of 12 weeks in order to see beneficial results. CLA can be taken in capsule form and is available at Muscles by Meyers. Stop in today and save yourself \$5.00!







metronews.ca
WEEKEND, December 12-14, 2014

# NED EHRBAR METRO'S TAKE ON THE WORLD OF CELEBRITIES

# In the same of the

## Depp goes straight to the art of naked Duchess Kate

Things could get awkward if Prince William and Kate Middleton ever have a runin with Johnny Depp. The Pirates of the Caribbean star splashed out more than \$100,000 for a pair of pieces by street artist Pegasus featuring a naked Middleton. One, which gained notoriety when Pegasus spray-painted it on a wall in North London,

features Kate cradling her pregnant stomach with a crown perched atop it, the logo for HBO series Game of Thrones stencilled underneath. Depp commissioned a second nude Middleton.

"I knew Johnny was coming and wanted the two Kate Middleton works," Pegasus' manager, Leonard Villa, tells InTouch Weekly. "He was extremely charming and immediately bought the painting and put down an offer for the second one." In addition to a double dose of the naked Duchess, Depp spent another \$40,000 on a Pegasus portrait of Queen Elizabeth II, though one can only hope she's more clothed than her grand-daughter-in-law.

## Drew finally grows into her old soul

Drew Barrymore is turning 40 soon, everybody. Just let that sink in a minute. OK, now back to it: With a little over two months to go before she hits the big four-oh, Barrymore is taking stock. "I'm so excited," she tells E! News. "I finally feel the age that I am and I'll tell you why. I always felt older than the number I was. I was always too mature and adult and raising myself or running a company or I'm only 19 and I'm a homeowner



## Fan-fickle Benedict's sex talk stirs the plots



While debating the differences between his beloved Sherlock character and the main alien on Doctor Who on Chris Hardwicke's Nerdist podcast, Benedict Cumberbatch used a few choice words sure to get the fan-fiction writers out there all hot and bothered.

"He talks fast and is clever. That is literally the only bracket they share," Cumberbatch says of the two iconic British characters. "They've got different dress senses, different taste in the sex of their partners ..." And there it is. While Cumberbatch

While Cumberbatch more innocently meant that Holmes is always aided by a male Dr. Watson (except on the U.S. version, Elementary), Doctor Who more commonly keeps a female assistant, though not always.

Still, feel free to let your imagination run away with you.

## Chris Rock frickin' loves Leo's brio

Chris Rock has been on something of a tear lately, making some pointed and perfectly worded observations about Hollywood, race issues in America and the like. But it's not all criticism for Rock. There are few things he has genuine appreciation for, like Leonardo DiCaprio's lifestyle.

As Rock tells Howard Stern during an interview: "I love the guy. He enjoys himself. If he's not doing a movie, he's 40 pounds more, with a fine motherf—er. With



a beard and model. F— y'all. I'm eating cheeseburgers and f—ing fine bitches." The American dream, that.



Ricardo is a Canadian chef, television host and author on a mission: To unite people through the pleasure of food. Discover his delicious and simple recipes every Friday — just in time for the weekend

# It's beginning to taste a lot like Christmas

**Chocolate-Coated Marshmallow Cookies.** Switch those tired ainaerbreads for something more fun



RICARDO COOKS Ricardo Magazine

## Shortbread Cookies

**1.** In food processor, combine flour, sugar, baking powder and salt. Add butter and pulse until mix is grainy. Add egg and vanilla. Pulse again until dough just begins to form. Shape into a disc with hands and cover with plastic wrap. Refrigerate

## **Shortbread Cookies**

- 3/4 cup (105 g) unbleached allpurpose flour
- 1/4 cup (53 g) sugar
- 1/2 tsp baking powder
- 1/4 tsp salt
- 1/4 cup (57 g) cold unsalted butter, diced
- 1 egg
- 1/2 tsp (2 1/2 ml) vanilla extract Marshmallow

- 1 tbsp powdered gelatin
- 1/4 cup (60 ml) water • 1/2 cup (105 q) sugar
- 1/4 cup (60 ml) light corn syrup
- 1/2 tsp (2 1/2 ml) vanilla extract

## Chocolate Coating

• 8 oz (225 g) dark chocolate,



for 30 minutes.

- 2. With rack in middle position, preheat oven to 350 F (180 C). Line baking sheet with parchment paper.
- 3. On floured work surface, roll out dough to about 1/8inch (3 mm) thick. Cut 30 cookies using a 1 3/4-inch (4.5 cm) round cookie cutter. Place the cookies on the baking sheet. Bake 10 minutes or until lightly browned. Let cool.

## Marshmallow

1. In saucepan, sprinkle gelatin over water and let bloom 5 minutes. Add sugar. Melt over

low heat, stirring until the sugar and gelatin have dissolved.

- 2. Pour into bowl. Add corn syrup and vanilla and beat with an electric mixer until soft peaks form, about 10 minutes.
- 3. With pastry bag fitted with a 3/4-inch (2 cm) diameter plain, and filled with marshmallow, top each cookie with dome of marshmallow. Let cool for 30 minutes at room temperature.

## **Chocolate Coating**

1. In a bowl in microwave, melt 5 oz (140 g) chocolate. Remove and add remaining chocolate. Stir until smooth. If

necessary, microwave for a few more seconds if chocolate does not melt. Be careful not to overheat the chocolate.

- 2. Dip cooled cookies, marshmallow side down, in the chocolate, flip and remove from the chocolate with a fork. Shake to remove any excess chocolate.
- 3. Place cookies on baking sheet lined with parchment paper. Refrigerate 30 minutes. Serve at room temperature. FOLLOW RICARDO ON SOCIAL MEDIA AND ON RICARDOCUISINE.COM OR SUBSCRIBE TO HIS MAGAZINE'S ENGLISH EDITION, WHICH LAUNCHED THIS SEP-

**FOOD** 

## **Bringing** back bubbly



LIQUID ASSETS etherealwineguy iquidassets@eastlink.ca

Today's my birthday, so I thought I'd get a jump on New Year's Eve by talking champagne this week.

Unfortunately, the popularity of high-end fizz has seen better days.

For the average consumer, the proliferation of decent sparkling wine with a Champagne sensibility (and much cheaper price) from regions around the world has all but relegated the real stuff to special occasions.

The rise of prosecco, Italy's lightly effervescent sparkler, has had the biggest impact. Recent industry reports are that prosecco has surpassed champagne sales in North America for the first time.

That said, the region of Champagne in northern France is still the benchmark when it comes to infusing booze with bubbles. Non-vintage bubbly offers the best value, with Piper-Heidsieck Brut (\$54.95 - \$64.99) showing off classic nutty/toasty

aromas with an edge of bright citrus that ripples across the palate. Fun fact: Champagne loves food, especially anything fat and salty. PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.





## **OPTOMETRISTS:**

Dr. Matthew Anderson

Dr. Tyler Anderson

Dr. Andrea D' Mello

Dr. Michael Langenberger

## DECEMBER SPECIAL Buy a frame and lenses and receive a second pair free (same Rx)\*

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**FOR MORE HOLIDAY** 

**GIFT IDEAS, VISIT** 

HOLIDAY.METRONEWS.CA

## Grade A gifts for teachers

**Pop quiz.** Gift class is now in session — first test, what to buy the teacher in your life

## VAN BUUREN

Looking to pick up some-thing special for your children's teacher?

A gift is a wonderful way to show appreciation for the important part that the teacher plays in their lives and it's a great way to teach children that giving is an important part of the holidays, too. These fun and practical ideas are sure to get an A+.



Wrap up scented soaps for your favourite teacher. Floral grapefruit triple-milled soaps, \$12.99, at HomeSense, homesense.ca.

## **Chocolate lessons** Belgium is home to some of

the best chocolate in the world ... these cookies are delicious proof. Sensations Belgium biscuits collection, \$7.99, at Sobeys, sobeys.com.



Dishwasher and microwave

safe, this tall porcelain latte

addition. You can sweeten

mug is a perfect staff kitchen

this gift by filling it with jelly

beans or your teacher's favour-

ite candies. H2K tall latte mug,

\$2.99/each, at Canadian Tire,

When kids head outside for recess, teachers often head to the staff room for a time out too ... and a cup of tea.

Premium tinned teas, \$4.99/each and porcelain tea cup and saucer, \$6.99, both at Winners, winners.ca.

## **Light thinking** Your teacher will

appreciate this long-lasting candle, which will fill the air with a delightful aroma. This is the perfect gift to wrap up for the teacher to take home.

Boxed scented amber candle, \$24.99, at HomeSense, homesense.ca.

## Hand therapy

Holding chalk and writing on a chalkboard can cause hand stiffness ... these fun and colourful rubber balls are designed to increase flexibility and relieve joint pain. Restore hand therapy kit contains three two-inch round rubber balls, \$14.99, at Canadian Tire, canadiantire.ca.



## my eye

Here's an extra special apple for your teacher. Wrap up one of these specialty caramel apples for a sweet and creative gift. Caramel Apples, \$8.99 to \$12.99, at Rocky Mountain Chocolate Factory, rockychoc.com.

## Not sweet enough

Chocolate is one of teachers' favourite gifts to receive, and this simple gift idea is one you can put together or buy prepared .. hot chocolate in a jar. Toffee fudge hot chocolate in Mason

jar, \$9.99, at Shoppers Drug

Mart, shoppersdrugmart.ca.



## Take note

This red Coptic journal will make the teacher happy — it's practical and pretty. \$14, at Îndigo, indigo.ca.



## Everyone loves

surprises ... crackers contain a mini lip gloss and eye shadow from Quo Cosmetics. Quo Christmas crackers, 3/ pack, \$15, at Shoppers Drug Mart, shoppersdrugmart.ca.



## Pretzel logic

Everyone will love these bite-sized pretzels dipped in peppermint-flavoured white chocolate. Happy holidays. Peppermint pretzel frost bites, \$12, at Indigo, indigo.ca.



## **Bite-sized biscotti**

Satisfy a teacher's sweet tooth. These traditional cookies come in a variety of flavours and are sure to satisfy the palate of even the strictest teacher. Pick up homemade biscotti at your favourite bakery or local supermarket.



Happy owl-idays

Festive holiday mug is for the

smartest teacher in the world.

\$12, at Indigo, indigo.ca.

## IN STORE CONTEST - Grand Prize of \$500 Cobra shopping spree! 100 draws for \$25 gift certificates.

COBRA COLLECTIBLES THYO HOURS FORMS

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January 5th. NO TAX on anything throughout the store 10%-50% OFF an assortment of toys and collectibles

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**BOSTITCH Smart Point** Nailer \$249, available at home improvement centres across Canada.

Porter Cable 8V Screwdriver, \$49, at Lowe's, lowes,ca, or Amazon, amazon.ca.

Mastercraft Performance Touch Work Gloves. \$24.99, at Canadian Tire, canadiantire.ca.



Black & Decker AutoSense Drill, \$99, at Amazon, amazon.ca.

Gladiator Premier Modular GearBox, \$469.99, at Gladiator GarageWorks, gladiatorgarageworks.ca.

> Stanley Click N Connect Toolbox, \$39.99, at Rona, rona.ca.



Heavy Duty Driving Multi-Screwdriver, \$11.98, at Lowe's, lowes.ca.



Gladiator Adjustable Height 6-foot Bamboo Workbench, \$579.99, at Gladiator GarageWorks, gladiatorgarageworks.ca.







High-tech solutions

## **Life-simplifying.** If someone on your list has everything, these gifts are a no-brainer

## MIKE YAWNEY

Still searching for a gift for the hard-to-buy-for person on your list? Here are some unique gadgets for those who seem to have just about everything.



Tired of putting your eReader in a bulky case or resealable zipper bag when taking it into the bathtub or near the pool? The Kobo Aura H2O, the world's first waterproof eReader, may be for you. This model can be submersed in one metre of water for up

minutes, and is dust-proof so you don't have to worry about sand getting under the screen. A single charge can keep you reading for nearly two months, depending on how bright you keep the backlight.

Oral-B Smartseries Toothbrush \$199.99

This high-tech

toothbrush connects to your smartphone via Bluetooth to gather personal brushing data. Brushing too hard? Sensors will notify you and adjust the speed of the brush to ensure you don't harm your gums. The toothbrush also keeps you entertained while brushing by showing you top



Never lose your keys again. The small plastic tag can be attached to your car keys, television remote, or other device in your home. Once paired with your smartphone, it will send

out a silent beacon, notifying you where it is. Tile is small enough to be placed almost

anywhere, even inside a wallet or purse.

## Sony SRS-X7 Speaker \$299.99

You don't have to give up sound quality for portability. Stream songs from your favourite audio device via Bluetooth, Wi-Fi, and Airplay, or listen to them via the audio jack. A hidden USB port allows you to charge your smart-

phone or tablet while you listen to your favourite tunes. A single charge will give six hours of playback.

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## Moto 360 Smartwatch \$279

\$279
Easily one of the most attractive and stylish smartwatches on the market. Once paired with your Android smartphone, the Moto 360 will notify you of incoming email, texts, and social media alerts without you having to look at your phone.

your phone.
You can even
respond by
using voice control. The built-in
heart rate
monitor and
pedometer is

ideal for those who live a healthy lifestyle.

## Impossible Instant Lab Photo Printer \$199 US

Turn your iPhone photos into Polaroid-style prints. Download the app, place your iPhone on top of the device, and watch as your digital photos are

transformed into instant analog prints.

## BioLite Basecamp \$299.95

The ultimate gift for avid campers. Grill, cook, and boil on this high-tech camp stove. The grill is elevated above the firewood for better temperature control. A built-in thermoelectric generator converts heat

erator converts heat into electricity, which powers a LED light for cooking in the dark, and generates power to charge smartphones and other gadgets.

## Philips Hue connected Bulb Starter Pack \$199.95

Change the look and feel of any room in your home



with these unique colourchanging bulbs. Each bulb communicates with your iPhone or iPad, allowing you to dim, set timers, or change the colour. Since the bulbs are LED, they consume 80 per cent less power than traditional light bulbs.

Clockwise from top left: Moto 360 Smartwatch, \$279; Impossible Instant Lab Photo Printer, \$199 US; Kobo Aura H2O, \$179.99; BioLite Basecamp, \$299.95 US; Oral-B Smartseries Toothbrush, \$199.99; Philips Hue connected Bulb Starter Pack, \$199.95; Sony SRS-X7 Speaker, \$299.99; Tile, \$20.



## Apps fit for the jolly old man

Did you buy all your presents? Are you on budget? Do you know what you are going to cook for Christmas dinner? Prepare for the holidays with a little help from your tablet and smartphone. Here are the apps you need to make sure you stay on top of things this holiday season:

## The Christmas List, \$1.99

This app may be the only one you need to get ready for the holidays. Track the gifts you need to purchase, who they are for, and your budgets all within this one app. You can also keep track of the status of each gift, whether they are shipped, wrapped, or re-

Canada Post

## Canada Post, free iOS, Android

If you ship presents or parcels, you will find this appuseful. Find a post office, learn shipping rates and track parcels leading up to the holidays. The app also lets you create customized stamps from the photos you have on your smartphone or

## How to Cook Everything,

iOS

Were you strong-armed into making holiday dinner for the family. But the problem is you have never cooked a turkey before. Or a ham. Not even a chicken. Prob-



lem solved with this handy app. There are more than 2,000 recipes, plus 400 step-y-step illustrated cooking guides for making the most popular holiday dishes.

MIKE YAWNEY/FOR METRO

metronews.ca
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HOLIDAY GIFT GUIDE SPECIAL FEATURE 41

# Prepare as many dishes beforehand so you can enjoy your own party.

## Be the hostess with the mostess

**Tips.** Host the perfect party this holiday season

TERESA CHIYKOWSKI

With Christmas only a couple of weeks away, the year's biggest party season has kicked into full gear.

If you are planning to play host or hostess this year, you will want to keep stress levels low by starting your party prep now. After all, you know how the expression goes — "failing to plan is planning to fail." And who likes to be stressed out before the holidays?

Failure won't be an option if you plan ahead. So how do you plan the perfect cocktail holiday party and be known among friends and colleagues as the hostess with the mostess?

Here are nine tips to help you out:

Manage your guest list. Make sure you don't go overboard when deciding who to invite. Keep numbers manageable, between 15 and 20 people, depending on the size of your space, of course. Anything more than this and you might consider hiring a caterer so you can actually enjoy your own party.

**2 Send out invitations.**Sending email party invites used to be considered bad form. Not so anymore. Times have changed, and using social

media channels, such as Facebook, has become a popular practice for getting the word out.

Plan your menu. According to chef Michael Blackie of Next restaurant and catering in Ottawa, you should plan for a maximum of 20 pieces per person. Blackie also suggests making three "touch dishes," appetizers that only require you to use three ingredients. Canapés should be bite-sized for negre acting.

for easy eating. **Deck the halls.** Decorating your space is something you can do well ahead of time. Decide on your theme and colours and go from there. Magazines or websites have plenty of great ideas for making your home festive for the holidays.

Prepare as many dishes as possible ahead of time. No one wants to be up to their elbows in pâté and meatballs when guests are arriving.

Hire a professional clean-

**Hire a professional cleaner.** Avoid the mad scramble or make your house immaculate before your party. If you don't usually have help cleaning your house, treat yourself this one time — it will be well worth the money and you will love the way your house looks and feels.

Hire a teenager to help you serve and clean up. Why spend your precious time serving and clearing dishes when you can hire a friend's son or daughter to help? You will appreciate the extra set of hands and your young helper will welcome the extra cash during the holidays.

Practise responsible partying. This the season to raise a glass and toast to the holidays. Make sure you have non-alcoholic choices such as soft drinks, juice, water, and coffee for your guests. Ensure there are designated drivers so partiers arrive home safe and sound

The more prepared and less stressed you are, the more you will be able to mingle with your guests. If you are MIA and stuck in the kitchen all evening, you really can't be considered the hostess with the mostess — can you?



With so much to choose from, finding the perfect gift is easy.

## Gift ideas for the foodie in your life

Buying a gift for a foodie isn't terribly different from trying to find a Christmas present for your rich friend or relative — it's not what to get them, but what they don't have that's the problem. For most foodies, eating out isn't nearly as much fun as eating in, and, as a result, their kitchens are usually stuffed to bursting with double boilers and mandolins and fish poachers.

The best option is to go big to buy them that high-end item that's been on their wish list for years. Right now, that would probably be a sous vide. The tide has finally receded on the whole molecular gastronomy craze, but it's left behind a few vital techniques, prime among which is cooking with a sous vide — sealing meat or fish in a vacuum bag and immersing it in a bath of hot water, maintained at a constant but relatively low temperature and circulated for a long time.

The Rolls Royce of sous vide machines is the Polyscience Professional Immersion Circulator, which clamps on to the side of your stock pot or deep tray and maintains up to eight gallons of water at a perfectly steady temperature for hours. It's exclusive to Williams-Sonoma and sells for \$795.95 US on its website.

A more budget-oriented



sous vide machine is the Caso Sous Vide Center, which looks like a bread maker and does the same job as the Polyscience in a smaller package tailored for family meals and not a full restaurant. It's available for as little as \$369 at cedarlaneculinary.ca, which also offers a sous vide package that includes a vacuum sealer, two rolls of vacuum bags and a cookbook for \$469.

Another thing about foodies is that they can never have too many cookbooks, and one of the bestsellers of the season is **Heritage by Sean Brock**,

the Charleston, S.C.based chef that chef and TV personality Anthony Bourdain called "one of the most important chefs in America."

Beautifully illustrated with photos of food, produce and Brock's hometown, it includes recipes for everything from Hoppin' John — that most essential of southern comfort foods — to more ambitious dishes like chilled fennel bisque with citrus-cured scallops and almond oil. (\$24 at amazon.ca.). People

All-Clad's electric griddle, \$360 at the Hudson Bay Company, thebay.com.

rediscovered

their ovens lately as well — it must be the long winters — so your foodie friends might want to start upgrading their battered old tins and pans with something really nice, like a set of Le Creuset bakeware. Available in a range of colours, this revered line of French cookware brings a welcome note of Julia Child into any lab-like, stainless steel-filled

modern kitchen.

Another piece of kitchenware undergoing a renaissance is the flat griddle, which requires a sympathetic cooktop and a bit of storage space, but will let you sear, sauté and fry more than one ingredient at a time

Griddles that straddle two burners on a stove are the most useful, and are made by everyone from Calphalon to Le Creuset to Lodge. All-Clad's double-burner griddle is nice and heavy, and available from the Bay for \$180.

RICK MCGINNIS/FOR METRO

## FIND A CAUSE CLOSE TO SOMEONE'S HEART

## WAYS TO GIVE THAT MAKE A DIFFERENCE

Soon — whether we're into it or not — we'll be in the thick of the holiday shopping frenzy. Throngs of shoppers will descend on malls, parking spots will be in short supply, and checkout lines will be the longest of the year.

Not surprisingly, after a few hours in the stores, some of us will start resembling the walking dead. Then, there's the challenge of finding that perfect gift for that one person who has everything. If you are looking for a great idea for relatives or friends who already own it all, consider a charitable gift or donation in his or her name. With so many choices out there, you're sure to find a cause that's close to someone's heart or a charitable organization that reflects the gift recipient's passion or values.

Research says people like to give and receive gifts that help those in need. And the numbers prove it. According to a poll conducted by Ipsos Reid on behalf of World Vision, four in five Canadians prefer to give a gift that helps someone in need, and 63 per cent prefer to receive one. The good news is that charitable gift giving in Canada has never been easier. Here are just a few sites worth visiting this holiday season.

## **ECO-FRIENDLY** WRAPPING

If you are planning to do some gift wrapping this year, consider these ecoconscious suggestions:

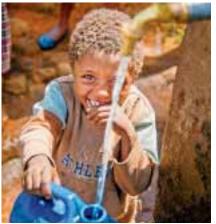
- · Fabric (try fabric remnants, scarves, and table napkins)
- · Jars (save your spaghetti sauce and Mason jars)
- · Reusable gift bags (use them over and

## World Vision Canada: Goats and chickens and pigs, oh my!

Through a World Vision charitable donation, you can help a child have a better future.

For just about a dollar a day, you can help provide things like access to education, health care and clean, safe drinking water. Giving a meaningful gift from World Vision's unique gift catalogue is a wonderful way to get, and share, in the spirit of the season.

What are the best-selling gifts? Two hens and a rooster (\$50) and goats (\$100) are always gifts that people love to give out, but group gifting of water wells and stocking medical clinics are gaining popularity as well. Find a wide range of meaningful, life-changing gifts



Safe drinking water is a charitable gift benefiting those in need. CONTRIBUTED

for the holidays at worldvision.ca/gifts.

## CanadaHelps.org: An online portal with thousands of choices

If you're not sure which charity would be most meaningful to your friend or family member, consider a gift card from CanadaHelps.

An online portal to thousands of some 80,000 registered Canadian charities, Canada-Helps offers gift cards that let the recipient



Livestock is always a great charitable gift.

choose where to give. All you have to do is visit canadahelps.org/GiftCards, browse by charity or by category (eg., social services, environment, arts and culture, animals, international), pick an amount and provide details on where the card is going.

Your gift recipient will receive an email notification, complete with instructions on how to spend it on a charity, and you'll receive a tax receipt for your donation.

PLEASE CLIP AND SEND WITH YOUR GIFT TODAY.

## Complete Christmas Dinner – \$3.11

Winnipeg, MB R3B 1M3

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www.siloam.ca



We need your help to serve hot meals and provide other essential services to people experiencing hunger and homelessness in Winnipeg's inner city

A connecting point between the compassionate and Winnipeg's less fortunate.

Siloam

Costs are average and include the expense preparing and providing meals. A receipt r income tax purposes will be sent to you.

iloam Mission is a Registered Canadian Charity #11915 0043 RR0001

this Christmas season. For just \$3.11, you can provide a hot meal or safe shelter and supportive housing that can be the start of a new life. Please help us feed and care for people experiencing hunger and homelessness by mailing your gift today. □ \$18.66 helps 6 people □ \$62.20 helps 20 people □ \$40.43 helps 13 people □ \$83.97 helps 27 people \_\_\_ to help as many people as possible Please charge my: ☐ VISA ☐ Mastercard ☐ AMEX \_\_\_\_\_ Expiry Date \_\_ \*Signature Required Donate online at www.siloam.ca or call 204-956-4344 or toll-free at 1-866-648-HOPE (4673). Mission \_\_\_ Address \_\_\_\_ City/Prov./PC\_\_\_\_ Please make your cheque payable to: Siloam Mission 300 Princess Street



## Homelessness doesn't take a holiday — you can help

More than 2,0000 Winnipeggers will be homeless this Christmas. This holiday season, you can make a real difference by giving the gift of hope and a warm meal — all for less than the price of an average latte.

While many of us have the luxury of enjoying the festivities with friends and family, others aren't so lucky - braving bitter temperatures, with no place to call their own.

But for just \$3.11 you can help Siloam Mission provide someone with a hot Christmas meal - and share the true meaning of the holiday season.

Siloam Mission serves three meals a day, every day. It provides nourishment and a warm, supportive environment for those experiencing poverty and homelessness. The Mission also provides clothing, shelter, health care, and counseling services to help people get back on their feet.

And holiday meals always draw a big crowd. This past Thanksgiving, Siloam Mission served lunch to 1,200 men, women, and children the largest meal in the history of the organization. Homelessness is on the rise, and the demands at the Mission during the holidays have never been greater.

You can give the gift of hope today by:

- Donating non-perishable food items and warm clothes
  - Making a monetary gift
  - Volunteering
  - Honouring a loved one with an in memor-

To learn more about the organization or donate online, please visit siloam.ca.

# Volunteers are a gift to the world

The MCC Furniture Thrift Store on 18 Keewatin Street is a nonprofit organization that raises funds for the work of the Mennonite Central Committee. MCC was initially created to provide food for Mennonites who were starving in the Ukraine in the 1920's.

When the store on 18 Keewatin St. was first established eleven years ago, most of its volunteers had Mennonite roots. Volunteer Annemarie Wiebe recalls her mother telling her stories of standing in line at the soup kitchen when she was a little girl and food was scarce. Annemarie's passion for volunteering stems deeply in her Christian faith, and her desire to give back to the community both locally and globally.

Volunteer Nick Poetker, 86 says he loves to volunteer because he believes in supporting a good cause and the fact that MCC assists those less fortunate worldwide and sharing his gifts gives him a sense of purpose. He says it is a small contribution of his time to put towards something much larger than himself.

Today, the MCC Furniture Thrift Store volunteers represent a wonderful variety of

ethnic and cultural backgrounds as well as age groups, and boast upward of 50+ volunteers in this location alone. One of the younger volunteers, David Dyck, 15 began volunteering as part of a school credit and needed to put in 20 hours of community service.

Over a year later, he remains a regular Saturday volunteer and assists with everything from heavy lifting to rewiring broken lamp fixtures.

Our senior volunteers enjoy his youthful energy and he appreciates what he can learn from their wisdom as a result of their age and experience. He feels that although he is quite young, he still has the ability to make a difference in the world, and have fun, as well as gaining valuable work lessons to prepare him for life

Volunteer Andro Grayda believes in the value of compassion and support toward others, as he understands what it is like to be on the receiving end. He states that this place is like family to him and he volunteers in the store nearly every day doing everything from customer service to restoring items in



Manager Laurie Goetz, third form left, with several of the volunteers at the MCC Furniture Thrift Store. CONTRIBUTED

need of a little TLC. Volunteer jobs can vary from anything to light cleaning to answering phones to painting, restoring, decorating or redesigning the floor space as things move around so often. Manager Laurie Goetz says "there is never a dull moment in the store and the sound of laughter so often fills the 10,000 sq. foot building.

I am so greatly inspired by the incredibly gracious servants who so generously give of

their time, talents, resources and hearts. During the Christmas season, when gift giving seems to be a primary focus, I am continually reminded that what these men, women and young people have to offer is such an incredible gift to the world. "

If interested in making a difference in our world, consider volunteering or make a donation by calling the MCC Furniture Thrift Store at 204 694 3669.





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MAMA TOTI RAFIKI FRIEND CHAIN - \$100.00 Gives a goat to a woman overseas!



BFF RAFIKI FRIEND CHAIN - \$10.00 Gives medicine to one child



## NHL

## Stars' Garbutt suspended for three games

The NHL has suspended Dallas Stars forward Ryan Garbutt for three games for slew-footing Winnipeg Jets defenceman Dustin Byfuglien.

The incident happened at 12:17 of the third period of Winnipeg's 5-2 win in Dallas on Tuesday. Byfuglien was about to beat Garbutt to a loose puck when Garbutt tripped the Winnipeg blue-liner.

Garbutt was assessed a minor penalty for tripping on the play, but the league said the Stars forward was subject to further punishment as he kicked out Byfuglien's skates while simultaneously using his stick to yank Byfuglien's upper body backwards. THE CANADIAN PRESS

Kaillie Humphries

## **Bobsledder wins** Lou Marsh Award

Bobsled pilot Kaillie Humphries has capped a standout season by winning the 2014 Lou Marsh Award.

Humphries is the first bobsledder to win the honour.

The 29-year-old from Calgary became the first woman bobsledder to win back-to-back Olympic gold when she captured her second Olympic title in Sochi. She carried Canada's flag along with brakeman Heather Moyse into the closing ceremonies. A month earlier, Humphries had claimed her second consecutive overall World



## McDavid optimistic he'll be ready for WJC

## 'It should be all good.'

Team's goal is for recovering phenom to play an exhibition game before tournament

Star forward Connor Mc-David's cast is off, he has clearance for non-contact drills and is confident he'll be ready to play in the upcoming world junior hockey championship.

Now it's just a matter of seeing how things go at the

ment camp. McDavid hasn't played in a game since breaking a bone in his right hand on Nov. 12. The Erie Otters forward has been skating regularly but his cast wasn't removed until this week.

The junior phenom will be examined by doctors on a regular basis and the team says it will take things day by day. But the goal is to get Mc-David into at least one exhibition game before the tournament opener on Dec. 26.

"I can take full slapshots

## "We want to be patient with him in order to have him at 100 per cent."

Canadian junior team head coach Benoit Groulx on Connor McDavid

wrist is not too stiff at all. So it should be all good."

Thirty players have been invited to camp, which started with a practice in Toronto. A total of 22 players will make the final team.

this season, is an early favourite to be selected first overall in the 2015 NHL Entry Draft. His presence would provide a big boost to a squad that hasn't won gold in five years.

Head coach Benoit Groulx said it would be nice to get McDavid into an exhibition game, but it's most important to have him for competition.

"We will follow what the doctor says and how he reacts to shooting the puck and passing the puck," he said. "But right now there's no rush. We're happy to have him here



metronews.ca
WEEKEND, December 12-14, 2014

Meagan Duhamel and Eric Radford of Canada perform during the pairs short program final during Day 1 of the ISU Grand Prix of Figure Skating Final 2014/2015 in Barcelona, Spain. DAVID RAMOS/GETTY IMAGES

SELLERS NAME:

# Radford, Duhamel vie for Grand Prix

## Season's top score.

Canadian pair take first place in short program

Canada's Meagan Duhamel and Eric Radford are poised to capture their first Grand Prix Final medal after winning the pairs short program Thursday.

The two-time world championship bronze medallists earned their best-ever component mark, for presentation, and will take a season's-best overall score of 74.70 points into the long program. Duhamel pumped her fist after concluding their routine, choreographed to Ginette Reno's Un peu plus haut.

"The component elements have always been considered our weaker side," said Winnipeg's Radford. "To finish ahead of the Russian pair who are extremely strong

REFERRED BY:

technically is a big step for us. We were really in the moment tonight. Nothing could stop us."

Olympic silver medallists Ksenia Stolbova and Fedor Klimov of Russia go into Saturday's free program in second place with 72.33, while Wenjing Sui and Cong Han of China are third, with 66.66.

Duhamel, from Lively, Ont., and Radford, from Balmertown, Ont., are enjoying a standout season, with victories in both their Grand Prix events: Skate Canada International and NHK Trophy in Japan. Still, Duhamel said she was battling nerves Thursday.

"I didn't know what to expect and I was hoping I would get into the zone. Once the music started and we were very together going into our first element I knew we were going to be alright," she said. The associated press

## Other results

Junior Grand Prix Final:

- Leaders. Julianne Seguin of Longueuil, Que., and Charles Bilodeau of Trois-Pistoles, Que., lead after the pairs short program of the Junior Grand Prix Final. Four Russian couples follow in the standings, including Lina Fedorova and Maxim Miroshkin, just 0.18 behind the leaders.
- On their heels. Mackenzie Bent of Uxbridge, Ont., and Garrett MacKeen of Oshawa, Ont., are fourth after the junior short dance, while Madeline Edwards of Port Moody, B.C., and Zhao Kai Pang of Burnaby, B.C., are fifth.



## AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

## Horoscopes by Sally Brompton

## ↑ Aries

March 21 - April 20

There is no need to feel threatened by someone whose power exceeds yours. According to the planets they don't see you as a rival and therefore wish you no harm.

## **Taurus** April 21 - May 21

If you want to get ahead be less thin-skinned. The kind of people who can make things happen for you are not the kind of people who worry about whose egos they might bruise.

## **∐** Gemini May 22 - June 21

You may feel worn out after the excitement of the past few days but don't switch off because there are still important things that need to be done.

## **9** Cancer

June 22 - July 23

Sometimes you can be too trusting and the planets warn if you believe what a colleague tells today it will cost you. Either they're deceiving you or someone is deceiving you both.

## $\Omega$ Leo

July 24 - Aug. 23

Use your time and energy wisely today. It does not matter how much work you have to get through before the weekend. Get it right the first time.

## **M** Virgo

Aug. 24 - Sept. 23

Yes, there are things going on behind the scenes that you know little about . According to the planets you have nothing to fear and lots to look forward to.

## **△** Libra

Sept. 24 - Oct. 23

If you find it hard to make up your mind today, ask someone you trust. Even if you disagree with them and do the exact opposite of what they suggest you'll still be doing something.

## **M** Scorpio Oct. 24 - Nov. 22

You need to tie up a number of loose ends today if you are to get the full benefit of what occurs over the weekend.

## **プ Sagittarius** Nov. 23 - Dec. 21

There may be times when you think that your lucky streak has come to an end but it's not over yet. The only thing that might hold you back is if you allow negative thoughts to take root.

## **17** Capricorn

Dec. 22 - Jan. 20

You may be conservative but that does not mean you cannot change your ways and if you feel that a change is necessary you must make it immediately.

## 

Jan. 21 - Feb. 19

You will hear something to your advantage today but because you were not supposed to know you may be reluctant to make use of it. If others were stupid enough to let it slip that's their problem, not yours.

## **H** Pisces

Feb. 20 - March 20

You don't have to pretend that a task comes easy to you when it is a struggle. No one expects you to get it right the first time. Do your best and be pleased.

## Crossword: Canada Across and Down by Kelly Ann Buchanan

39

42

## Across

- 1. Splash
- 6. Tolerate
- 11. Comedian Louis, et al.
- 14. Jeweller's eye
- piece
- 15. Discourage 16. At the age of, in
- Latin [abbr.]
- 17. Eight-based 18. "First Blood"
- (1982) role: 2 wds.
- 20. Sarajevo's locale 22. Hot drink
- 23. Scornful look
- 24. "A merry heart good like a medi-
- cine..." Proverbs
- 26. Bequest
- 28. Pet shelter gr. 31. Old French coin
- 32. Swearing-in words
- 33. Inuit sled
- 35. Harry Potter: Severus' surname
- 39. Nut kind
- 40. Lawn sport
- 42. Judge's gig
- 43. Frank Zappa's actress/writer daughter:
- 2 wds.
- 44. Mr. Bean, et al.
- 46. Swerve 47. "\_\_\_ Wonderful
- Life" (1946)
- 48. Gutsy
- 51. Harsh
- 53. Succulent plant 54. Dunk
- 56. Celebrity chef Nigella
- 60. Town in Fraser Canyon in British Col-
- umbia; or, Cheers of "Cheers": 2 wds.
- 63. Crooner Pat
- 64. Fair-hiring letters 65. Apply another
- cold pack
- 66. Ontario: Peninsula
- 67. '70s records
- 68. "Two If
- (1996)69. Stagnates Down

65

68

- 1. Neatnik opposite 2. Little Eva's "The
- -Motion"
- 3. Loopholes 4. Soul Boys of the
- Western World is the name of the new
- Castroneves

43

- Newfoundland

- 6. Li'l modifier 7. Extinct culture of

documentary film,

as well as upcoming

2015 tour, of this Brit-

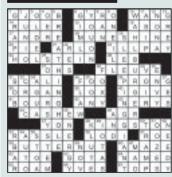
- 8. \_, \_\_ Jury (Mickey
- ish band: 2 wds. 10. Bungle 5. Racecar driver Mr. 11. "Along Spider" (2001) 12. 'Quebec' part of
- Quebec City as it was known 13. Written work

Spillane novel)

9. 2015 Yukon

(GMC vehicle)

- 19. The variant spelling for #12-Down's answer
- is an \_\_\_\_ meaning 'narrowing of the river
- 21. Pantheon of Norse gods 25. "Hop
- (Move!)
- 27. Alberta town
- 28. House size meas.: 2 wds.
- 29. Match
- 30. Gladiator's 951 34. Recounts
- 36. Family member
- 37. Shar-\_\_ (Some dogs) 38. Singer Ms. James
- 40. Wintertime garment
- 41. Spur's small
- spiked wheel 43. Social network
- ing site 45. Locale on Cape
- Breton Island 48. Matte \_\_ (Toronto-born television
- host) 49. "That threw me
- 50. Doesn't win
- 52. Synagogue spiritual leader
- 55. Wading bird
- 57. Psyche 58. Formerly
- 59. Social pages
- words
- 61. Sphere
- 62. Actor Stephen



See today's answers at metronews.ca/answers



## ptis Sudoku by Dave Green

## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku

_								
					2			
6	3	5	7	8	1	9	4	2
8	2	7	4	9	5	3	6	1
5	9	1	8	2	4	6	3	7
3	4	2	1	7	6	5	9	8
7	8	6	3	5	9	1	2	4
1	6	8	5	4	3	2	7	9
9	5	4	2	6	7	8	1	3
2	7	3	9	1	8	4	5	6

4	1	9	6	3	2	7	8	5
6	3	5	7	8	1	9	4	2
8	2	7	4	9	5	3	6	1
5	9	1	8	2	4	6	3	7
3	4	2	1	7	6	5	9	8
7	8	6	3	5	9	1	2	4
1	6	8	5	4	3	2	7	9
9	5	4	2	6	7	8	1	3
2	7	3	9	1	8	4	5	6

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